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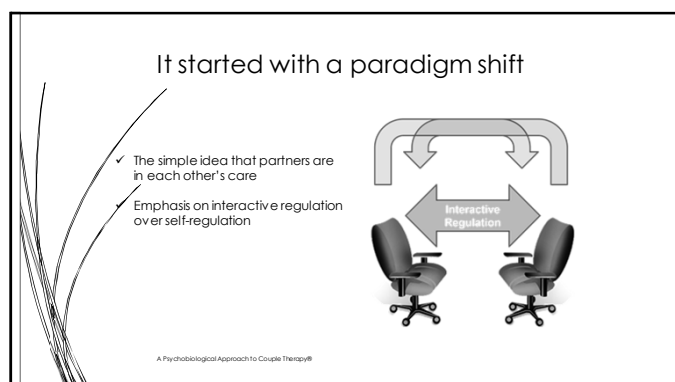
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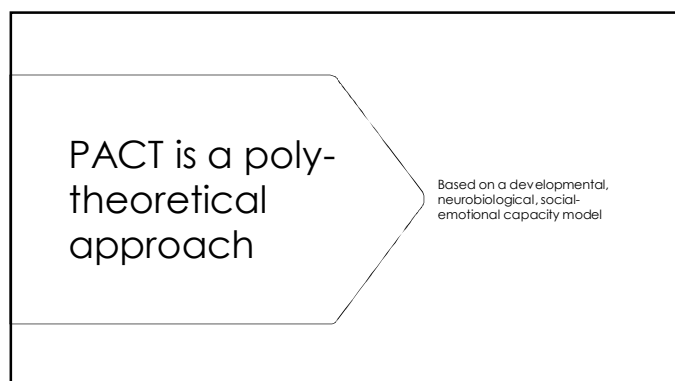
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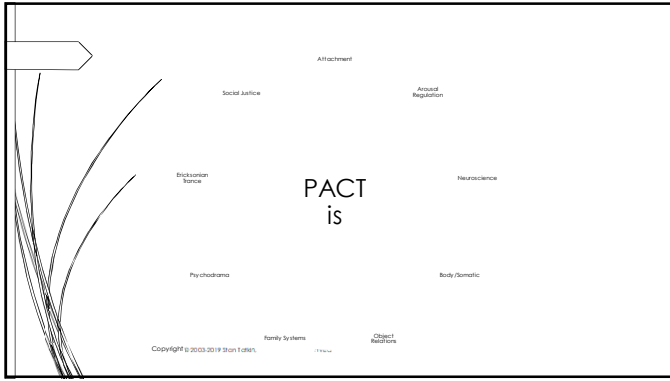
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- We pay close attention to **micro-movements and micro-expressions**
- We pay special attention to **all shifts and changes** in arousal and affect
- We regulate the couple by **tensing and relaxing** and **shifting topics**
- We use a **forensic-like interview process**
- We prefer to **stage or create experiences** before making interpretations
- We prefer to **collect evidence, plan strategically,** and **offer proof** before intervening
- We have **partners face each other** rather than facing the therapist

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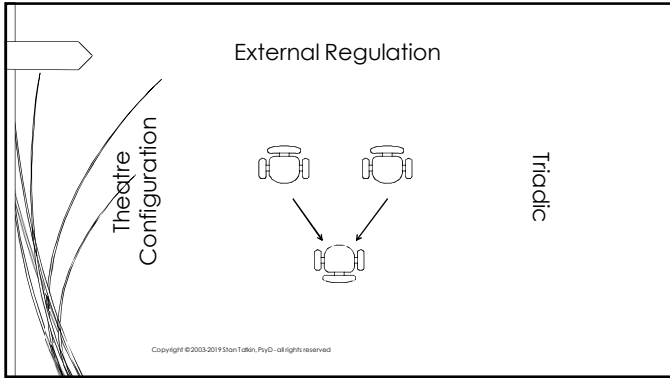
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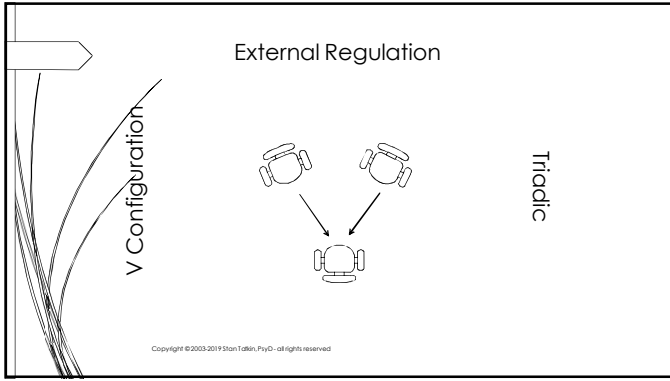
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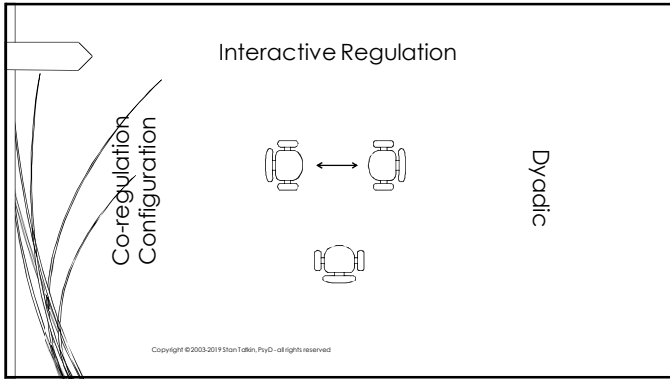
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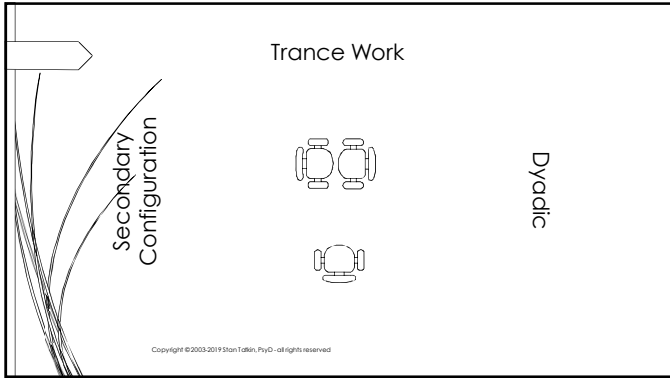
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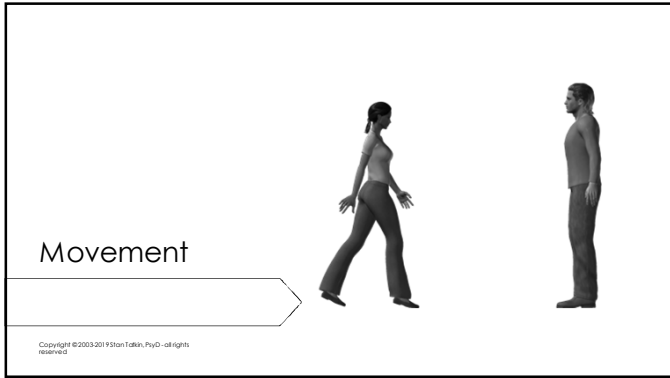
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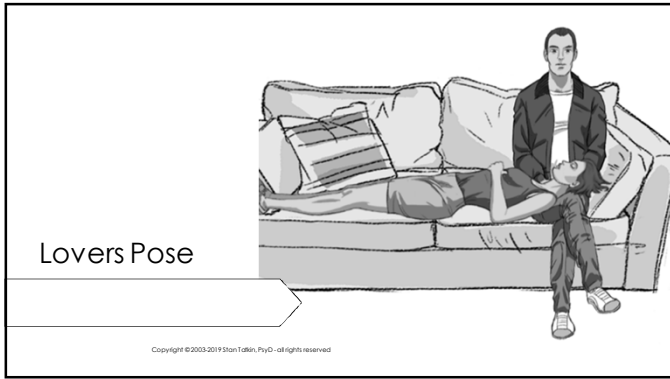
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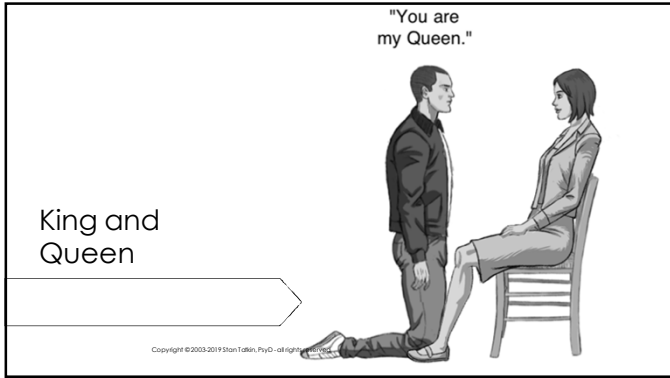
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➤ Crossing versus Direct

- Cross-tracking
- Cross-questioning
- Cross-commenting
- Going down the middle

A Psychological Approach to Couple Therapy®

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The End

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