

# History of Present Problem

## Symptoms

Description, specific location, associated with what activities, how long does it last when it happens?

## Onset

When did it start, how, and associated events

## Course

Beginning with onset, how has it developed and changed over time?

## Medications

Update medication list, check for related side effects

## Exceptions

Try to find an exception to the problem sequence; what was different? Walk through the exception step by step

## Remedies

What has been tried, what worked, and what did not work?

## Medical Tx

Has a doctor been consulted? What was the diagnosis or theory? What was tried, what worked, didn't work?

## Interactional Sequences

Where do the partners get stuck when it happens?  
What meanings do each make of the problem?

## Impairment

For whom is this a problem? Why? Level of distress?  
Goals of each partner?

## Referral or Collaboration?

Do you need to refer? Collaborate? Consult?  
With whom?

## Non-pharm Remedies?

Are there non-pharmacologic remedies that would help? Check the Femani website.

