



Institute for
Relational Intimacy

Reputable Information About Sex: Resources

[Assessing and Treating Sex Issues in Psychotherapy](#): A course taught by Martha Kauppi
Once a year, usually starting in February or March, I teach a 16 week online course for therapists about working with a vast array of sex issues in therapy.

[Free Two-Part Workshop: How To Get A Strong Start Talking About Sex In Therapy, and Brief Assessment: The Right Questions To Ask Your Clients About Sex](#), by Martha Kauppi

Video 2 has a deep dive into the use of the brief assessment “Will Lily”.



[Femaniwellness.com](#) by Myrtle Wilhite, MD and Ellen Barnard, LCSW

A terrific resource with free printable pdfs and tons of information about many aspects of sexual health and function, including sex pain, pelvic floor issues, orgasm, masturbation, midlife sex, sex and aging, prostate issues, erectile concerns, and many more.

[Franktalk.org](#) by Paul Nelson, CSE

If you need more information about penis, prostate, and erection-related concerns beyond what Femani has, or your client needs a support site about related issues, Frank Talk has your back.

[Scarleteen.com](#)

If you or your client needs some general information that is accurate, check out Scarleteen which is a super smart site for teens, and others who need the basics.

[S.E.X: The All-You-Need-To-Know Sexuality Guide to Get You Through Your Teens and Twenties](#),

by Heather Corinna, 2016

Companion book to the Scarleteen website.

[The Guide To Getting It On](#), by Paul Joannides, 2022

A brilliant book, full of accurate information; an encyclopedia about every aspect of sex. Paul also has a series of [short instructional videos](#).

[Jackinworld.com](#)

The ultimate male masturbation resource, written primarily for young people.