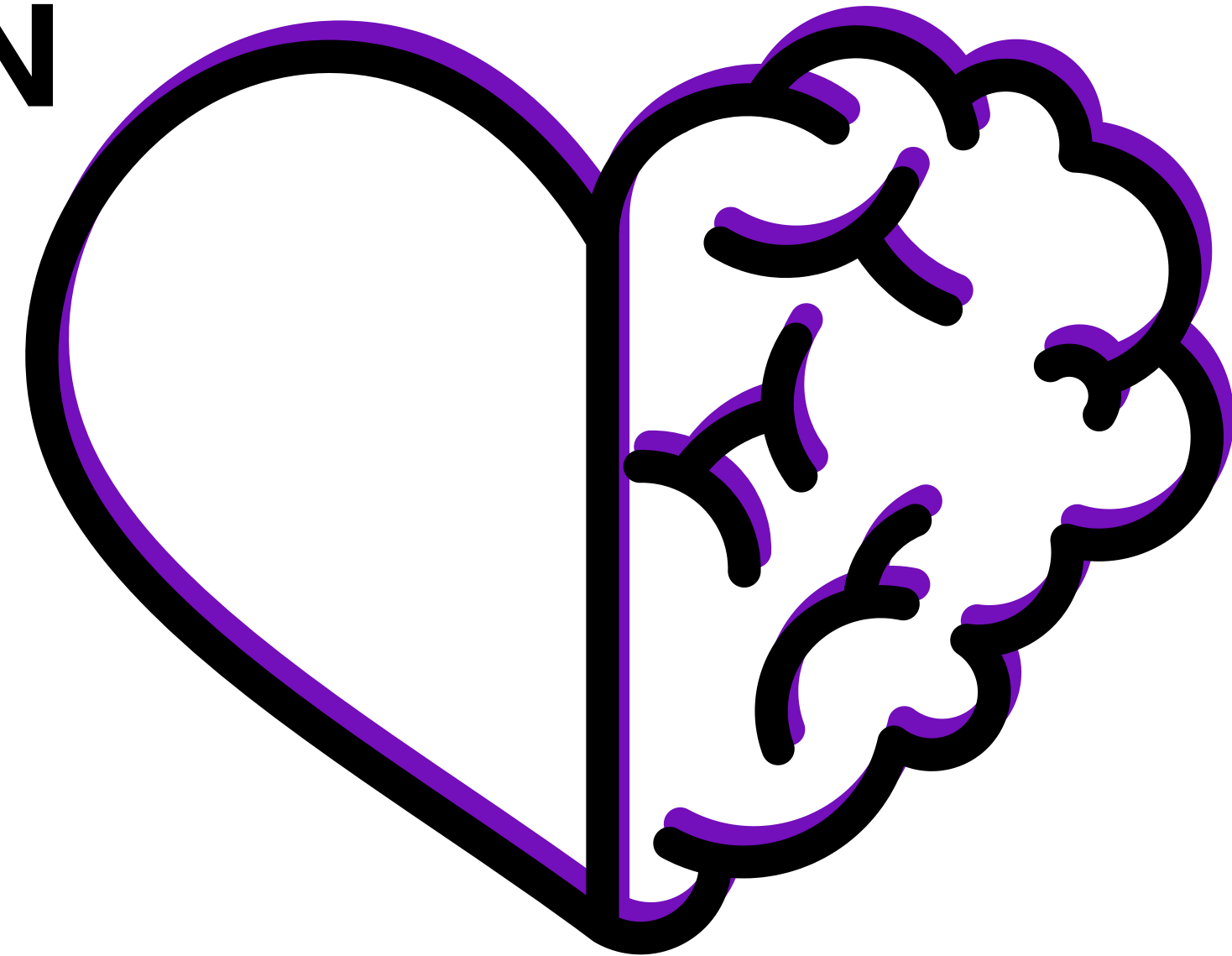


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## Advancing Treatment

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Join us for an insightful and transformative conference focused on unraveling the complexities of anxiety and depression. Anxiety and Depression Conference brings together leading experts and mental health professionals passionate about mental well-being to engage in a meaningful dialogue and explore innovative approaches to understanding, preventing, and managing anxiety and depression.



SCAN HERE FOR  
MORE INFO



Lilian Borges



David Burns



Camillo Lorio



Lynn Lyons



Reid Wilson

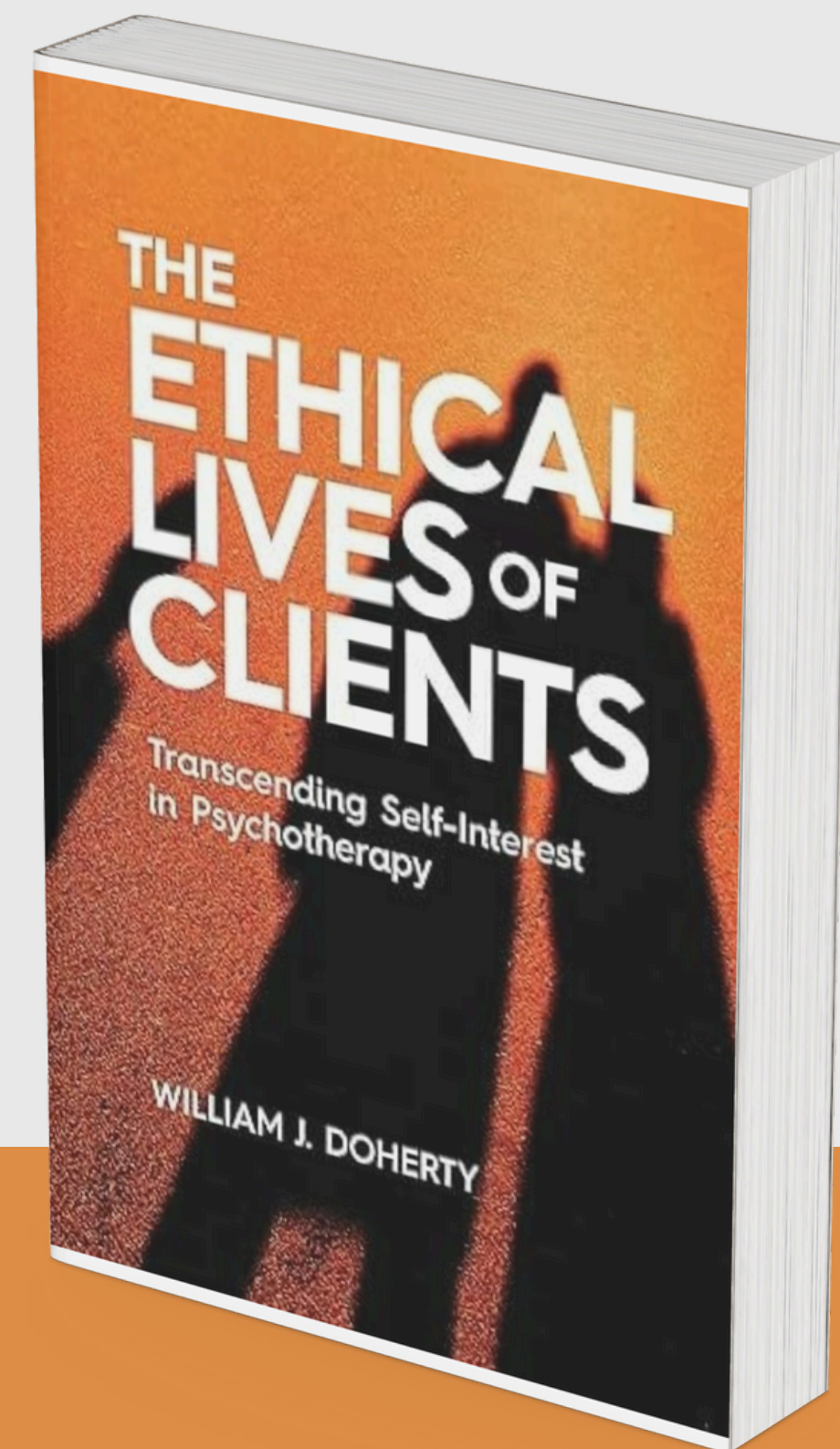


Michael Yapko



Dr. Bill Doherty's groundbreaking book offers therapists a roadmap for navigating ethical dilemmas in their clients' lives. Drawing on years of clinical experience and personal insights, Doherty introduces the LEAP-C model, guiding therapists to serve as ethical consultants who help clients balance personal needs with social responsibilities.

Through detailed case examples, he demonstrates how therapists can address common dilemmas with empathy and skill, promoting ethical awareness and relational connections. This invaluable resource empowers therapists to support clients while navigating complex ethical terrain, from personal commitments to societal concerns like political polarization.



**Purchase The Book Here!**



# GHTI Advanced Coaching & Mentorship Program

## Advanced Coaching and Mentorship

Take your practice beyond the basics, access the keys to a thriving gender affirming practice, and manage even the most challenging cases and relationships with confidence in this unique and nurturing coaching and mentorship program.

## A Special Focus on Families

The Gender Health Training Institute is dedicated to helping clinicians provide gender affirming care to their transgender, non-binary, and gender expansive clients that includes a special focus on couples and families, as well as communities and various systems of care. With our Coaching and Mentorship Program, we dive deeply into an understanding of both your trans clients' and their families' journeys alongside your own clinical gender journeys to help you provide competent care with confidence and cultural humility while avoiding the ethical pitfalls along the way.



**Learn More  
About Course!**

<https://www.genderhealthtraining.com/coaching-and-mentorship/#>



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HARVILLE  HELEN



# In Each Other's **CARE**

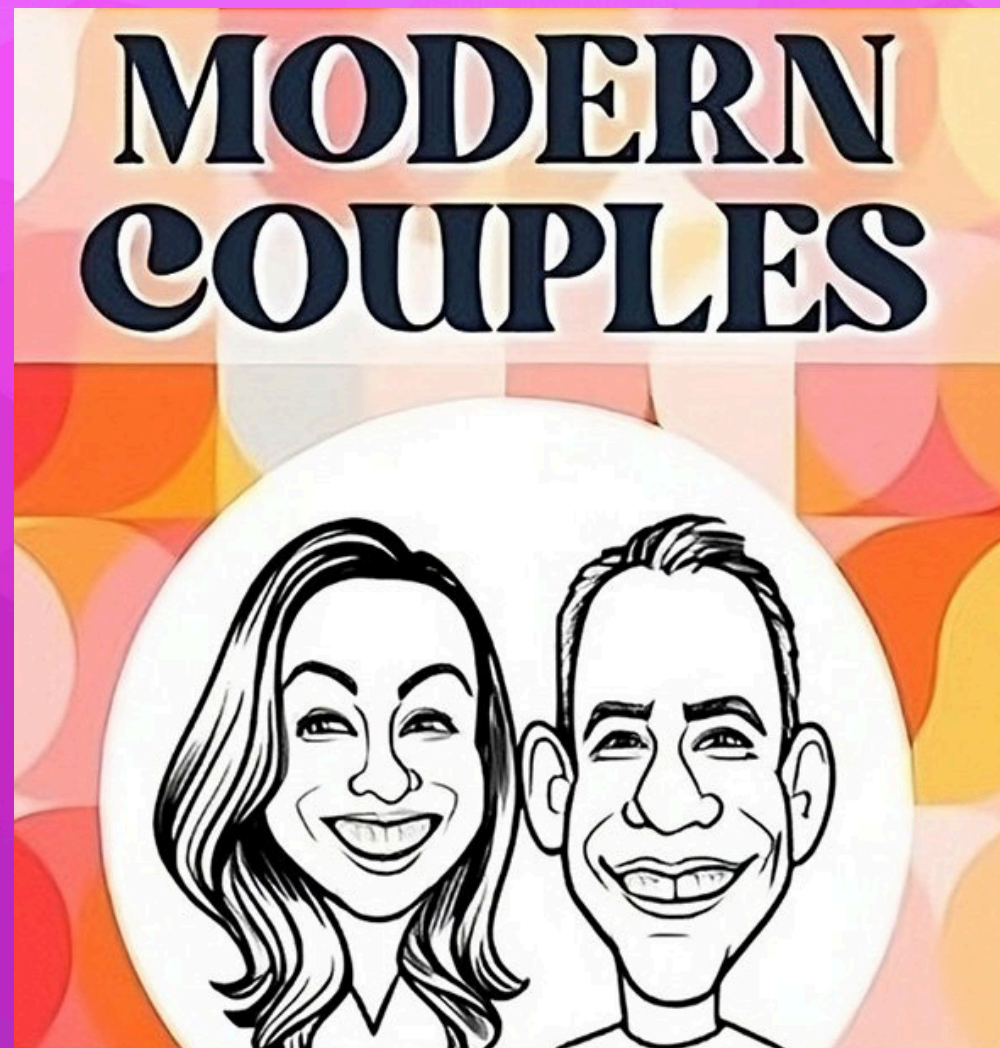


Dr. Stan Tatkin's new book is a hands-on manual that will help you navigate your most challenging relationship issues.

*Grab your free excerpt here*



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## *What Your Therapist Never Told You*

Have you ever had questions about relationships? Do you wonder what therapists might know—that you don't? Then join us! Whether you're in the car, at the gym, or on a break at work, this is an opportunity to have all your couples' questions answered by therapists who bring decades of experience to the podcast.

Couples therapists Rick Miller, LICSW, and Lilian Borges, LPC, take on relationships' trickier moments with experience and humor, in a mere 20 minutes presenting a case study and the theory behind it, then sharing their personal takes on the issue and providing some ideas for dealing with it.



**Check Out  
The Podcast!**

<https://www.rickmiller.biz/podcast>

# **Modern Couples Podcast**

# An Education and Resource Hub for Parents

## Raising Trans Youth



### Video Recordings

Hundreds of hours of recorded material answering all of your questions, updated regularly.



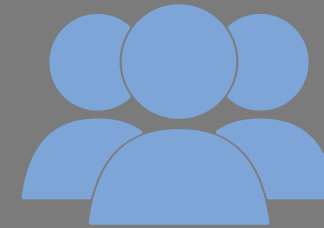
### Expert Interviews and Events

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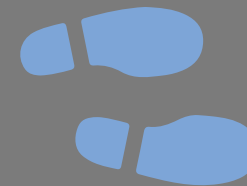
### Resources

Professionally-curated resources with the latest data to guide your decisions on social, medical, and legal transitions.



### Network & Support

24/7 access to supportive networking with like-minded parents. Enjoy private messaging and forums on a secure, ad-free platform.



### Gender Journey

Your Gender Journey explained step-by-step.



### Live Q&A and Virtual Meetings

Regular Live Q&A meetings with Dr. Shawn.  
Live virtual small group support meetings.

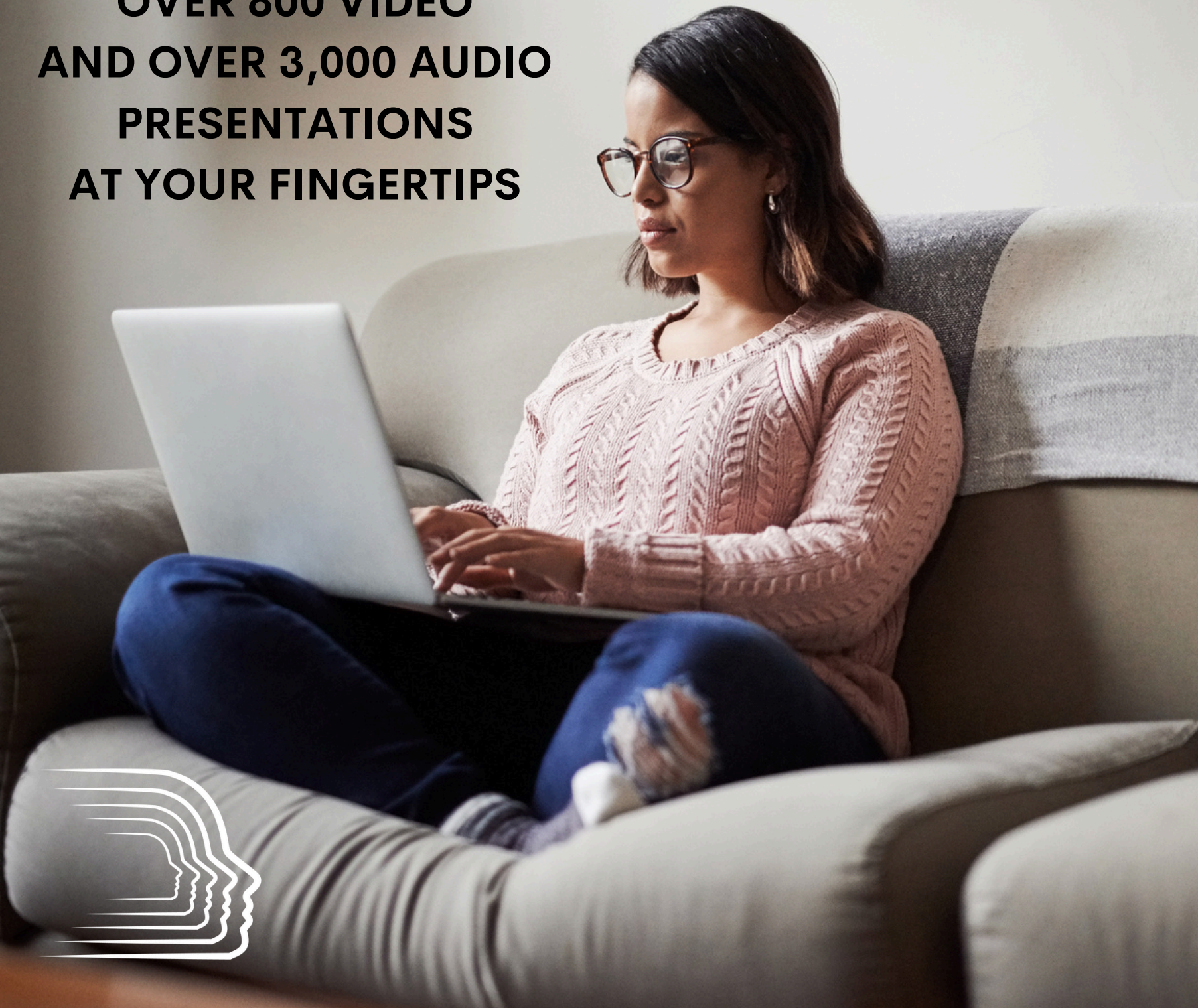


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**This book shows therapists how they can impact their communities by engaging their fellow citizens in addressing broad-based health and social problems.**

**The greatest untapped resources for improving our health and social well-being are the knowledge, energy, and first-hand wisdom of the individuals, families, and communities who have dealt with challenges in their everyday lives. Mental health professionals can learn how to leverage these relationships to enact broader, community-wide change, using practices that fall outside of traditional methods of mental health service delivery.**

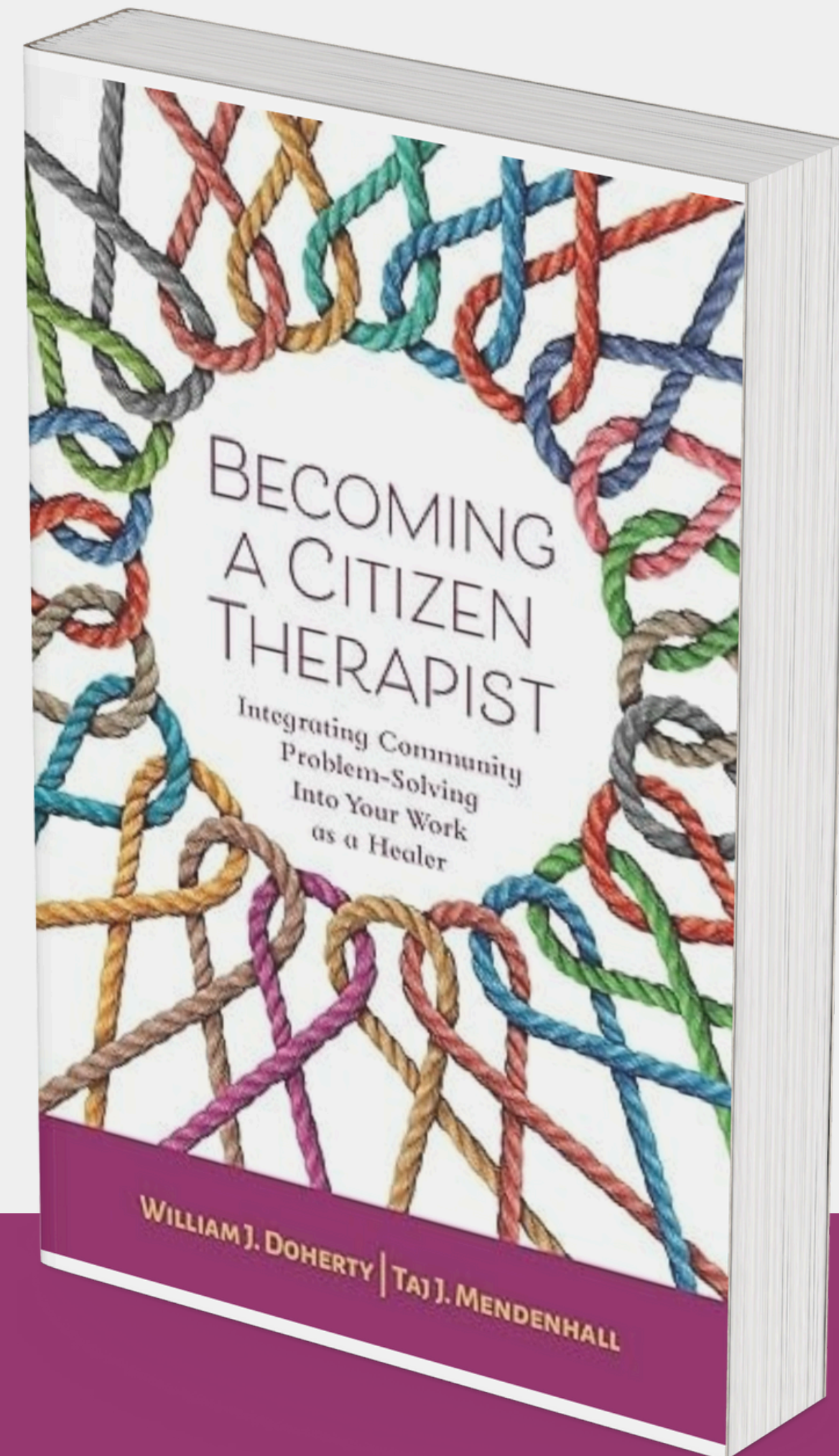
**This book presents insights from the authors' two decades of work in the citizen health care model, in which they have partnered with leaders from a wide range of communities on initiatives designed to improve health and remove social barriers. Readers will learn big-picture strategies for identifying and developing community-level initiatives, from disease prevention to broader cultural challenges, as well as common problems that arise when doing this work.**

**Includes in-depth discussions of successful, real-world programs co-created by therapists and community members, including:**

**diabetes education  
anti-smoking campaigns  
political depolarization  
police interactions**



**Purchase The  
Book Here!**



# PACT Level 2

Hone your assessment strategies, intervention techniques, and your ability to lead your most conflicted couples toward secure functioning.



Level 2 is taught by PACT founder Dr. Stan Tatkin over three two-day live online training sessions (30 CE hours through APA, NBCC, or NYSED)

Our next Level 2 training begins in late August 2023.

*Students repeating Level 2 receive a 15% discount!*

Learn more here



[thepactinstitute.com](https://thepactinstitute.com)

# MASTERING GENDER HEALTH EVALUATIONS

What you may not know...

There are not near enough mental health providers available to help trans people access this care and navigate it in the healthiest way possible, especially trans youth and their families.

The good news is that you and I have the power to help change that and in my humble opinion, an ethical responsibility to do so.

We need more mental health providers who...

- are confident in their skills
- can competently, ethically, and affirmingly provide context specific gender health evaluations in collaboration with their trans clients and their families
- can provide referral letters for gender affirming medical care when necessary
- can help their clients navigate any difficulties that may arise on their journeys.

Not only that, we all need to be clearer than ever about what we recommend, why we recommend particular care, and when we recommend it.

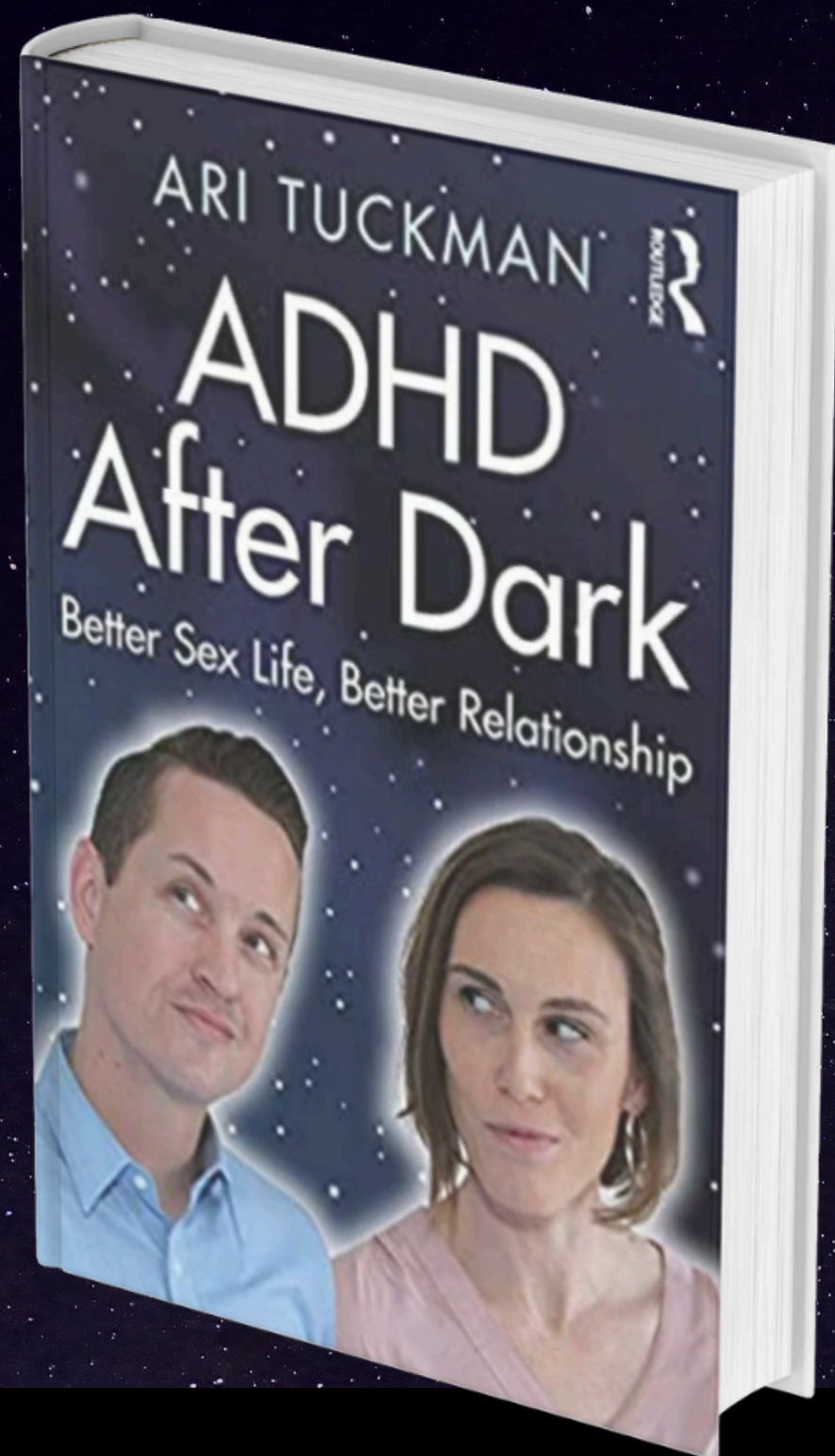


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<https://www.genderhealthtraining.com/mastering-gender-health-evaluations/>



**GENDER HEALTH  
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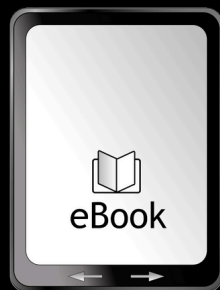


# ADHD After Dark

**Better Sex Life, Better Relationship**

This pioneering book explores the impact of ADHD on a couple's sex life and relationship. It explains how a better sex life will benefit your relationship (and vice versa) and why that's especially important for couples with one partner with ADHD.

Written in a readable and entertaining style, ADHD After Dark offers clear information on sexuality and relationships and is full of valuable advice on how to improve both. This guide will be an essential read for adults with ADHD, as well as their partners or spouses, and therapists who work with ADHD clients and couples.



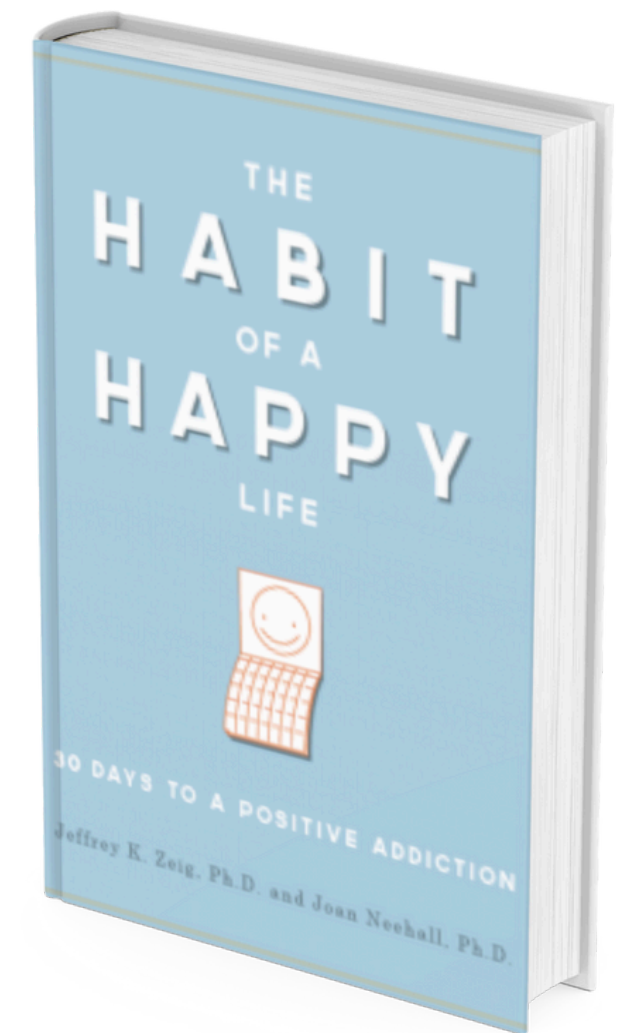
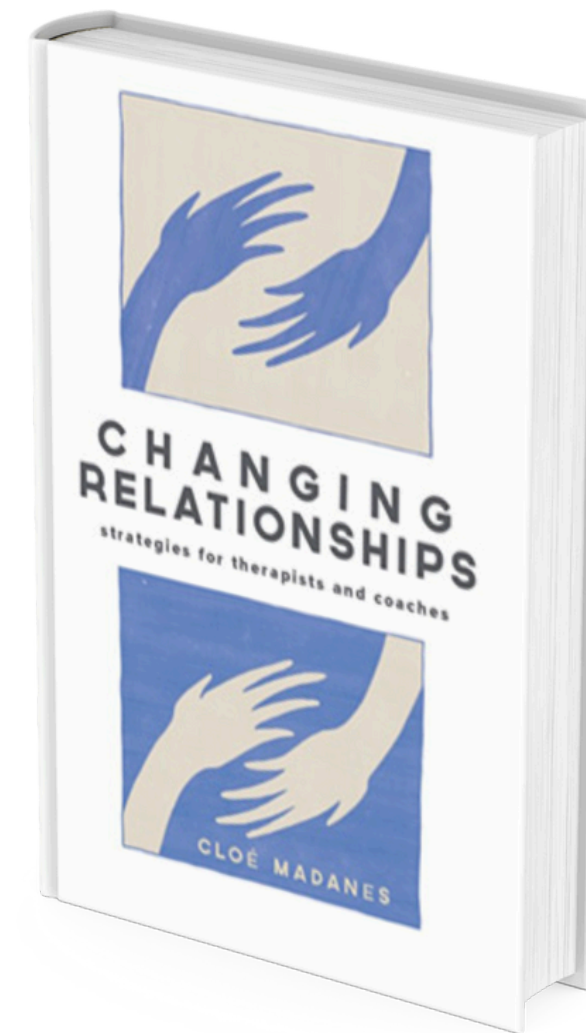
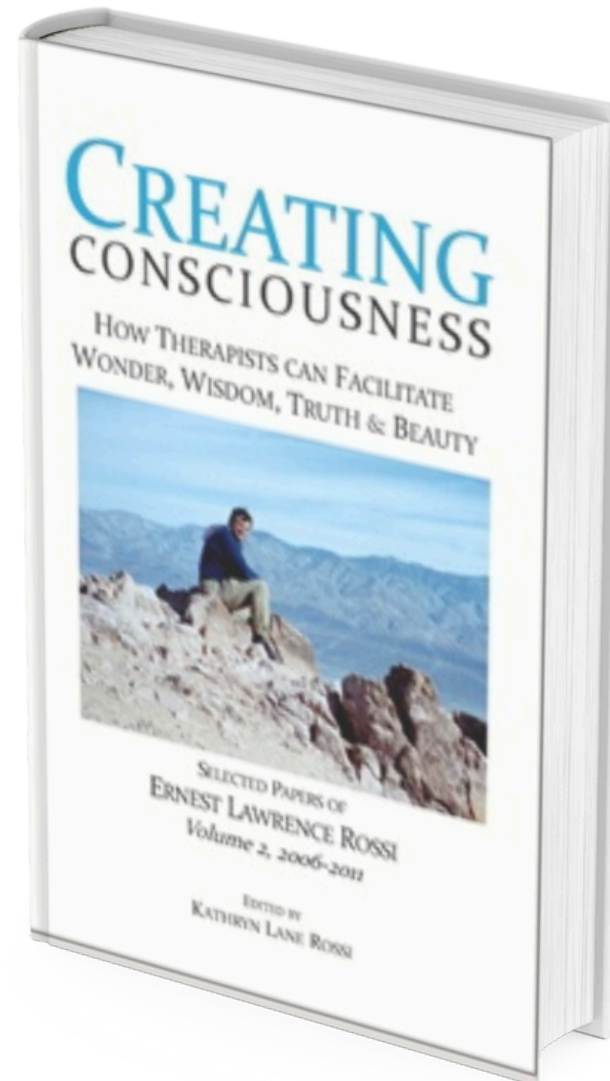
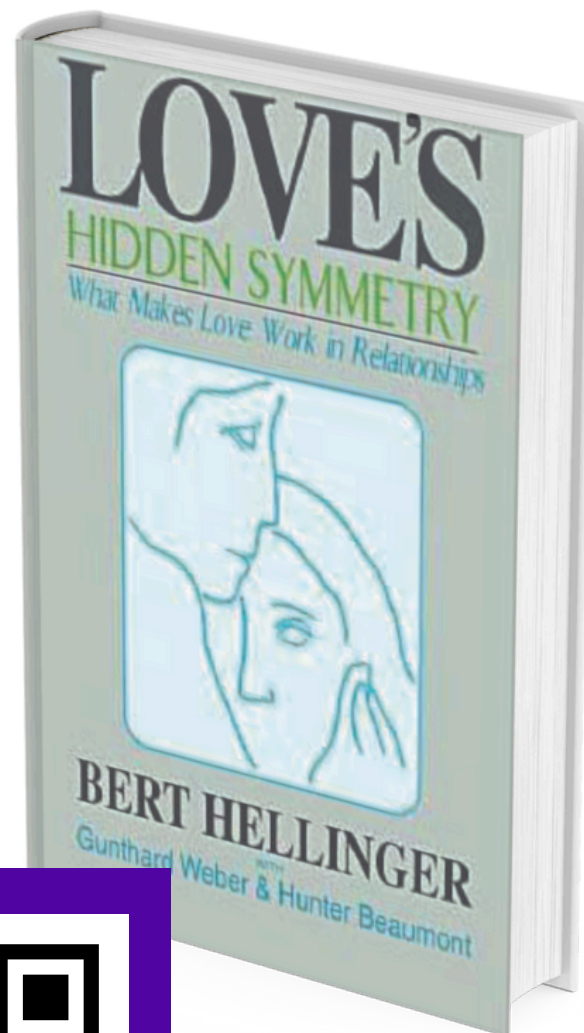
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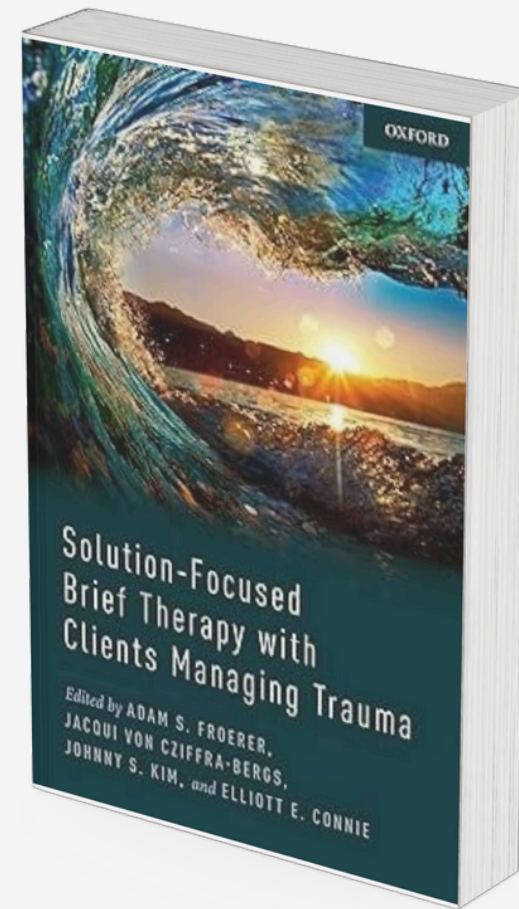
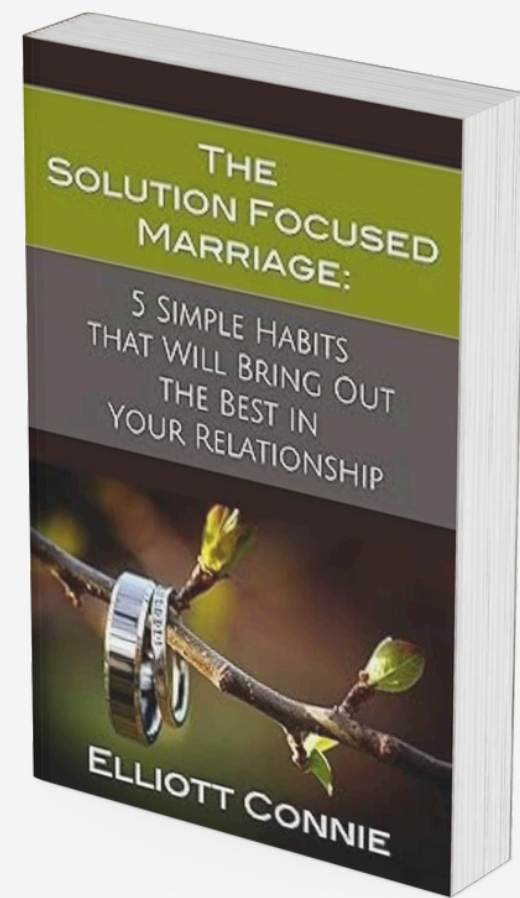
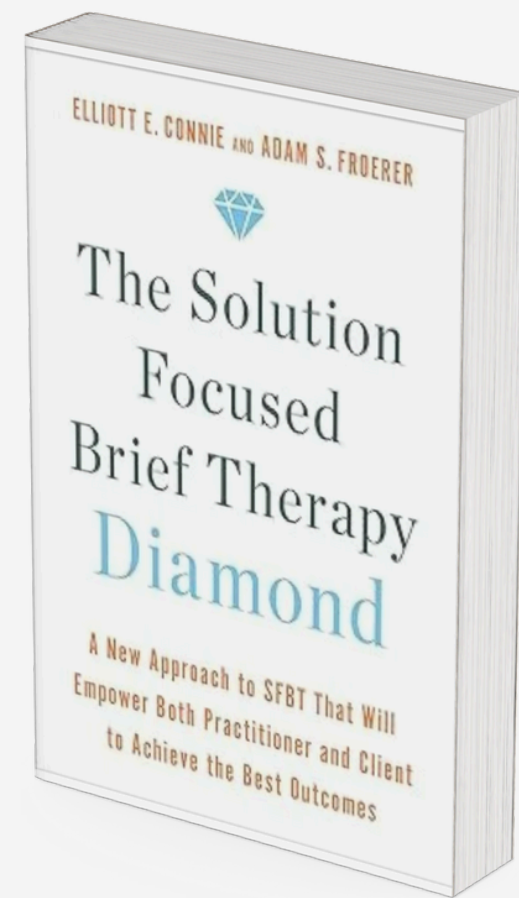
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Learn PACT's dynamic, practical, and effective mind-body approach to couple therapy.



Level 1 is taught over four two-day live online training sessions (40 CE hours through APA, NBCC, or NYSED)

*Groups of 5 or more students receive a 15% discount for taking Level 1 together!*

Learn more here



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