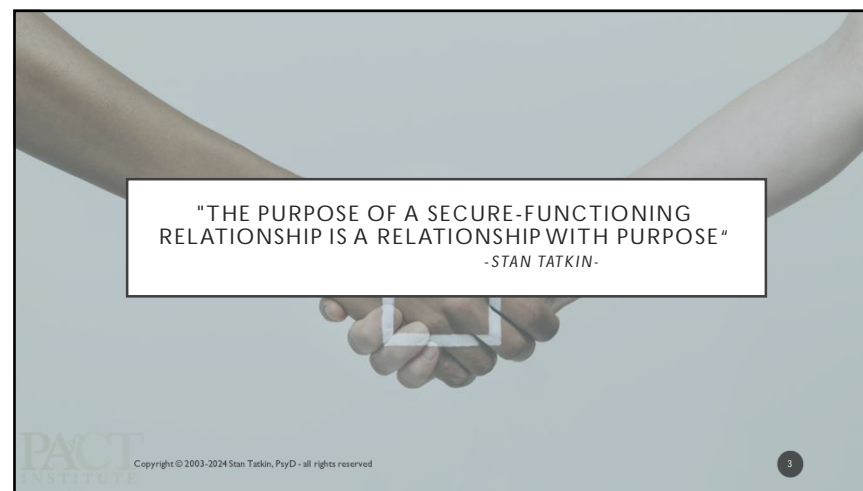




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LOVE IS NOT ENOUGH

- Love is ephemeral
- All feelings and thoughts come and go, often misleading us
- Our minds play tricks on us
- Purpose and principles are stable and essential to sustainable, long-term relationships, particularly, primary attachment relationships



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PURPOSE-CENTERED RELATIONSHIP

Organized around what needs to be done regardless of feelings or emotions
 What needs to be done is based on mutual agreement

What is **good**
 What is **best**
 What is **right**

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TEAMS, UNIONS, AND ALLIANCES

Free and fair unions of equals must operate in a manner that is fair, just, and sensitive to others
 People get each other on board with a shared purpose, mission, and vision

- We want to survive
- We want to win
- We want to make money
- We want to be successful

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TEAMS, UNIONS, AND ALLIANCES

Without a shared purpose and shared vision, people will fight, and unions will eventually erode
 Without agreements around governance (limits, rules, expectations around conduct), people will fight, and unions will eventually fail
 Humans do better when serving something greater than themselves


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TEAMS, UNIONS, AND ALLIANCES

Without shared principles of governance, people will inadvertently do damage to the union, create resentment, and accrue threat memory that will destroy the relationship safety and security system

Under stress, we will revert to a one-person stance of pro-self and away from a pro-relationship stance




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SECURE-FUNCTIONING RELATIONSHIP

A two-person psychological system of “we” and “us”



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A TWO-PERSON PSYCHOLOGICAL SYSTEM


- Three-legged race
- Move together or go nowhere



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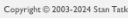
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SECURE FUNCTIONING

Shared power and authority


- Two bosses
- Two generals
- Two executives
- Two leaders
- Two legislators
- Two enforcers



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INTERDEPENDENT

We have the same things to gain and lose
Mutual stakeholders

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FULLY COLLABORATIVE AND COOPERATIVE


Must take care of myself and you at the same time
Must be good for you and me

- Win/win
- Bargaining
- Negotiating

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CO-CREATED PURPOSE-CENTERED PRINCIPLES

Social contracts based on **fairness, justice, and mutual sensitivity**

Not based on feelings or emotions

Purpose must be served **whether we feel like it or not**

Doing what's **good, best, and/or right**, even though it may be the **hardest thing to do**

Must **fully agree** on guiding principles with **permission to enforce**

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SHARED PURPOSE

- No shared purpose between united humans = nothing to hold people together over time, particularly hard times.
- Together we survive and thrive in this life.
- Together we stand in all things and against all odds.
- Together we share all burdens and all bounties.
- Together we lead each other and everyone in our care.

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SHARED VISION

- No shared vision pointing people in the same direction = people going off in their own directions.
- Our vision is to raise our children to be good citizens, empathic human beings, self-respecting, earnest, morally straight, ethically unimpeachable, resilient, and loving.
- Our vision is to serve one another and to establish each other's ongoing felt sense of safety and security, happiness and wellbeing.
- Our vision is to be a secure-functioning couple.

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SHARED PRINCIPALS OF GOVERNANCE

- No shared principles by which to govern people in union = unfairness, injustice, social insensitivity, misbehavior, lack of accountability, and no safety, security, or prosperity in that union.

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SHARED PRINCIPALS OF GOVERNANCE

- We have each other's backs at all time, without exception.
- We repair, correct, fix, or make amends without explanation, condition, excuse, or defense when the other experiences hurt, misunderstanding, or any other injury – and we do so within one hour without exception.
- We make all decisions that would affect each other together by getting each other fully on board before acting.

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THE IMPORTANCE OF REPAIR

- Repair, amends, admitting our wrongs, falling on our swords is what has kept us from war, being sued, losing family members, and divorce
- The willingness to put the relationship first above being "right" is essential to teamwork, cooperation, and two-person psychology
- Immediate repair accomplishes the following:
 - Avoids neurotoxic neurotransmitters and hormones from causing wear and tear on the brain and body
 - Prevents the incident from going into long-term memory
 - Prevents partners from accruing threat memory due to resentment over unfairness, injustice, and insensitivity

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ASSESSING MORAL DEVELOPMENT

- **Level 1: Preconventional level**
 - Stage One — Punishment/Obedience Orientation
 - Stage Two — Instrumental Purpose Orientation
- **Level 2: Conventional level**
 - Stage Three — Good Boy/Nice Girl Orientation
 - Stage Four — Law and Order Orientation
- **Level 3: Postconventional or principled level**
 - Stage Five — Social Contract Orientation
 - Stage Six — Universal Ethical Principle Orientation

Kohlberg, L. (1981). *The philosophy of moral development: Essays on moral development. San Francisco.*



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LEVEL 1: PRECONVENTIONAL LEVEL

- Morality is externally controlled.
- Rule imposed by authority figures.
- What is right is what one can get away with and/or is personally satisfying.

Kohlberg, L. (1981). *The philosophy of moral development: Essays on moral development. San Francisco.*



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STAGE 1 — PUNISHMENT/OBEDIENCE

- Behavior is determined by consequences.
- Obedience in order to avoid punishment.
- Might is right.

Kohlberg, L. (1981). *The philosophy of moral development: Essays on moral development. San Francisco.*



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STAGE 2 — INSTRUMENTAL PURPOSE

- Behavior again is determined by consequences.
- Focus on receiving rewards or satisfying person needs.
- "I scratch your back, you scratch mine — but don't screw me or else."

Kohlberg, L. (1981). *The philosophy of moral development: Essays on moral development. San Francisco.*



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STAGE 3 — GOOD BOY/NICE GIRL

- Behavior is determined by social approval.
- Wanting to maintain or win the affection of others by being a “good person” and in line with the group.
- Peer pressure to belong to a group.

Kohlberg, L. (1981). *The philosophy of moral development: Essays on moral development*. San Francisco.



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STAGE 4 — LAW AND ORDER

- Social rules and laws determine behavior.
- Moral decision-making becomes more than consideration of close ties to others.
- Belief in rules and laws maintain social order.

Kohlberg, L. (1981). *The philosophy of moral development: Essays on moral development*. San Francisco.



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STAGE 5 — SOCIAL CONTRACT

- Individual rights determine behavior.
- Laws and rules are flexible tools for improving human purposes.
- When laws are inconsistent with individual rights and interests of the majority, do not bring about good for people, alternatives should be considered.
- Focus on relative versus dominant ends.
- Karen Quinlan, abortion rights

Kohlberg, L. (1981). *The philosophy of moral development: Essays on moral development*. San Francisco.



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STAGE 6 — UNIVERSAL ETHICAL PRINCIPLE

- Highest stage of functioning.
- Appropriate action is determined by one's self-chosen ethical principles of conscience.
- Principles are abstract and universal in application.
- Reason involves taking the perspective of every person or group that could potentially be affected by the decision.
- Thich Nhat Hanh, Mahatma Gandhi

Kohlberg, L. (1981). *The philosophy of moral development: Essays on moral development*. San Francisco.



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