

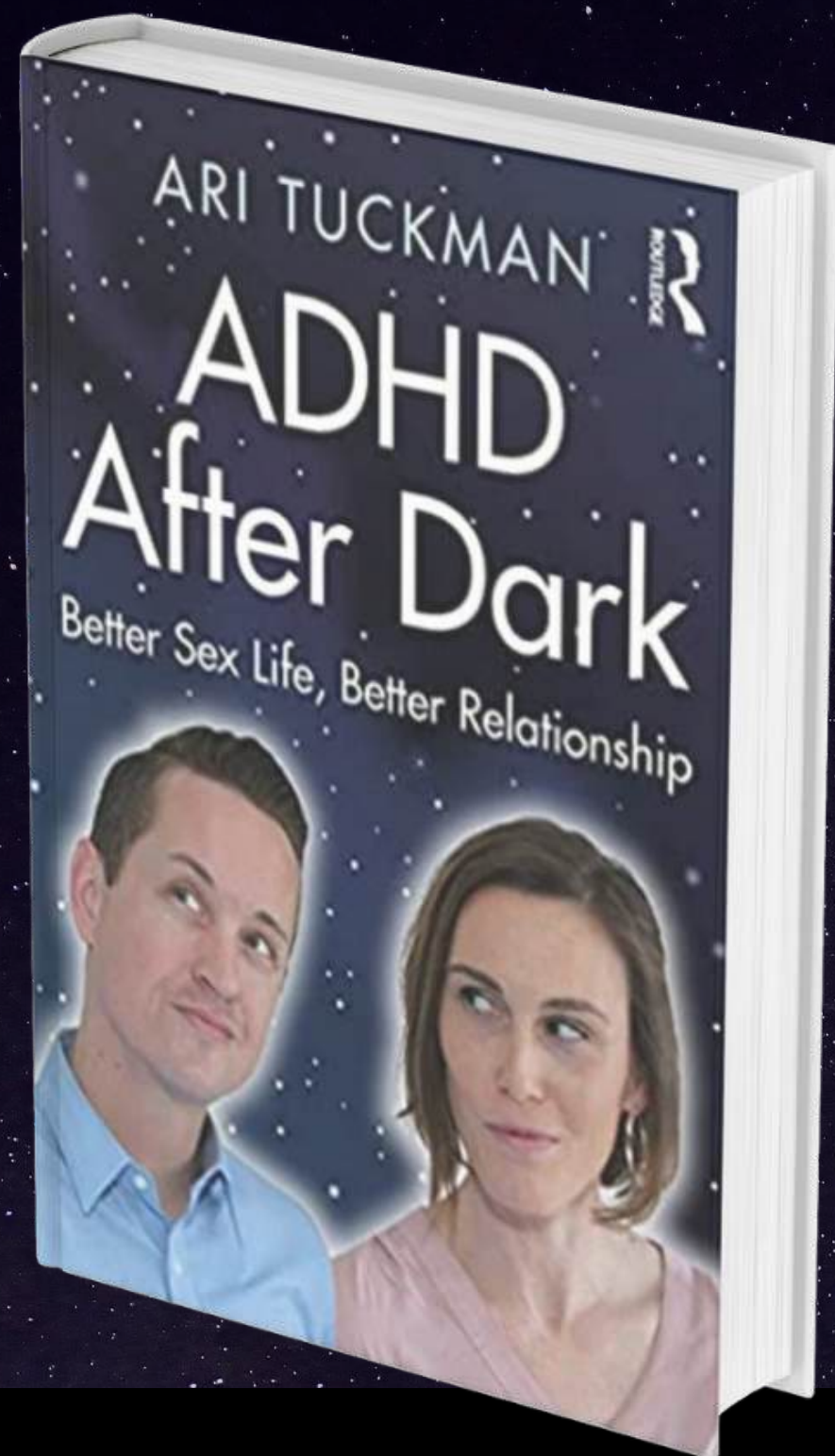
Dr. Tammy Nelson is the author of some of the best books on sexuality, body image and recovering from infidelity, as well as the best selling book on new monogamy today. She has several eBooks on healing relationships as well. She is a chapter contributor to many great compilations and has written the forward to important books on sexuality. Books can be purchased here and at Amazon.com. Signed copies of all of Tammy's books are available for purchase and can be shipped directly.

DR. TAMMY
NELSON 

**Browse
Books**



<https://www.drtaammynelson.com/books-by-tammy>



ADHD After Dark

Better Sex Life, Better Relationship

This pioneering book explores the impact of ADHD on a couple's sex life and relationship. It explains how a better sex life will benefit your relationship (and vice versa) and why that's especially important for couples with one partner with ADHD.

Written in a readable and entertaining style, ADHD After Dark offers clear information on sexuality and relationships and is full of valuable advice on how to improve both. This guide will be an essential read for adults with ADHD, as well as their partners or spouses, and therapists who work with ADHD clients and couples.

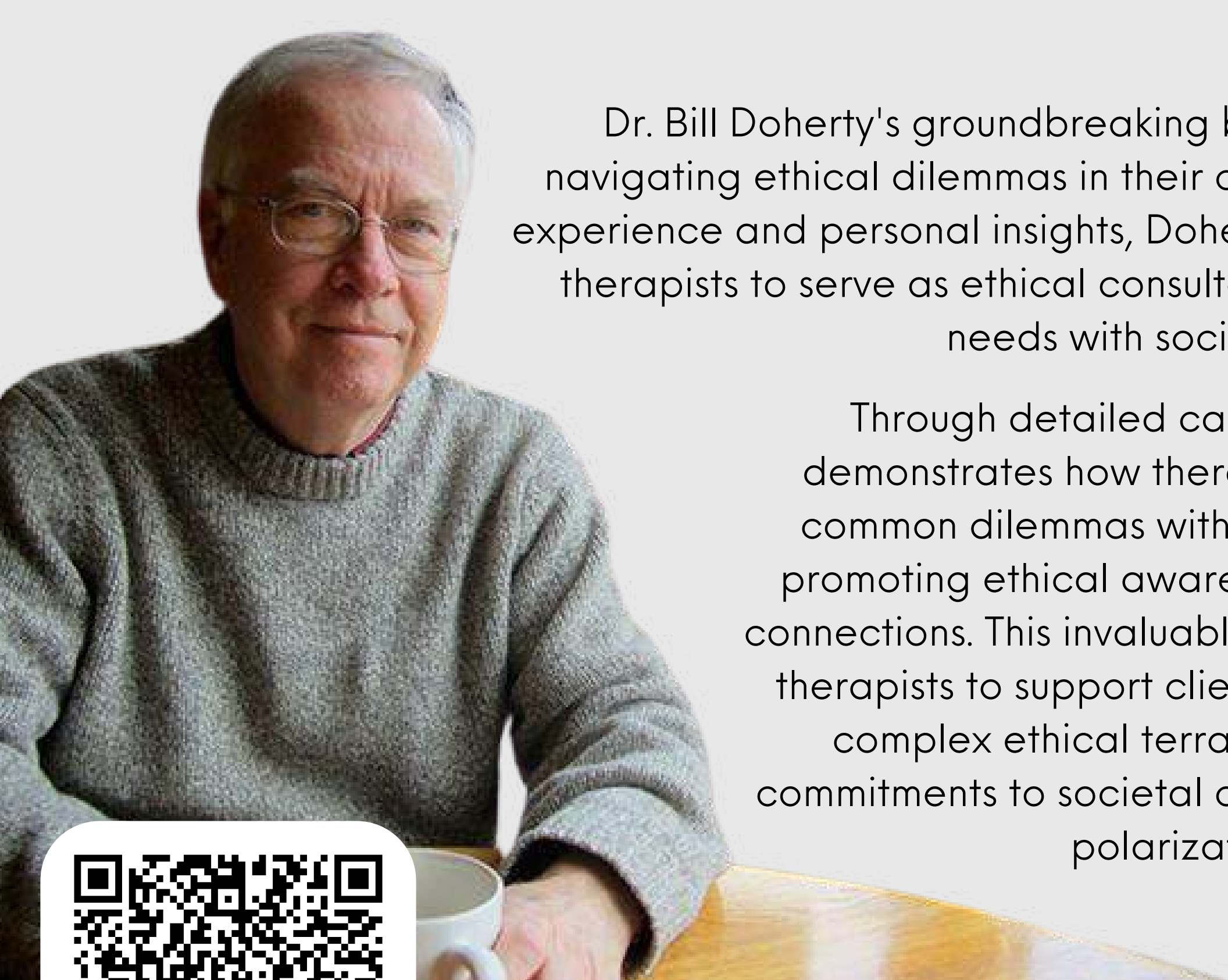


1st Edition, Kindle Edition

Buy Now

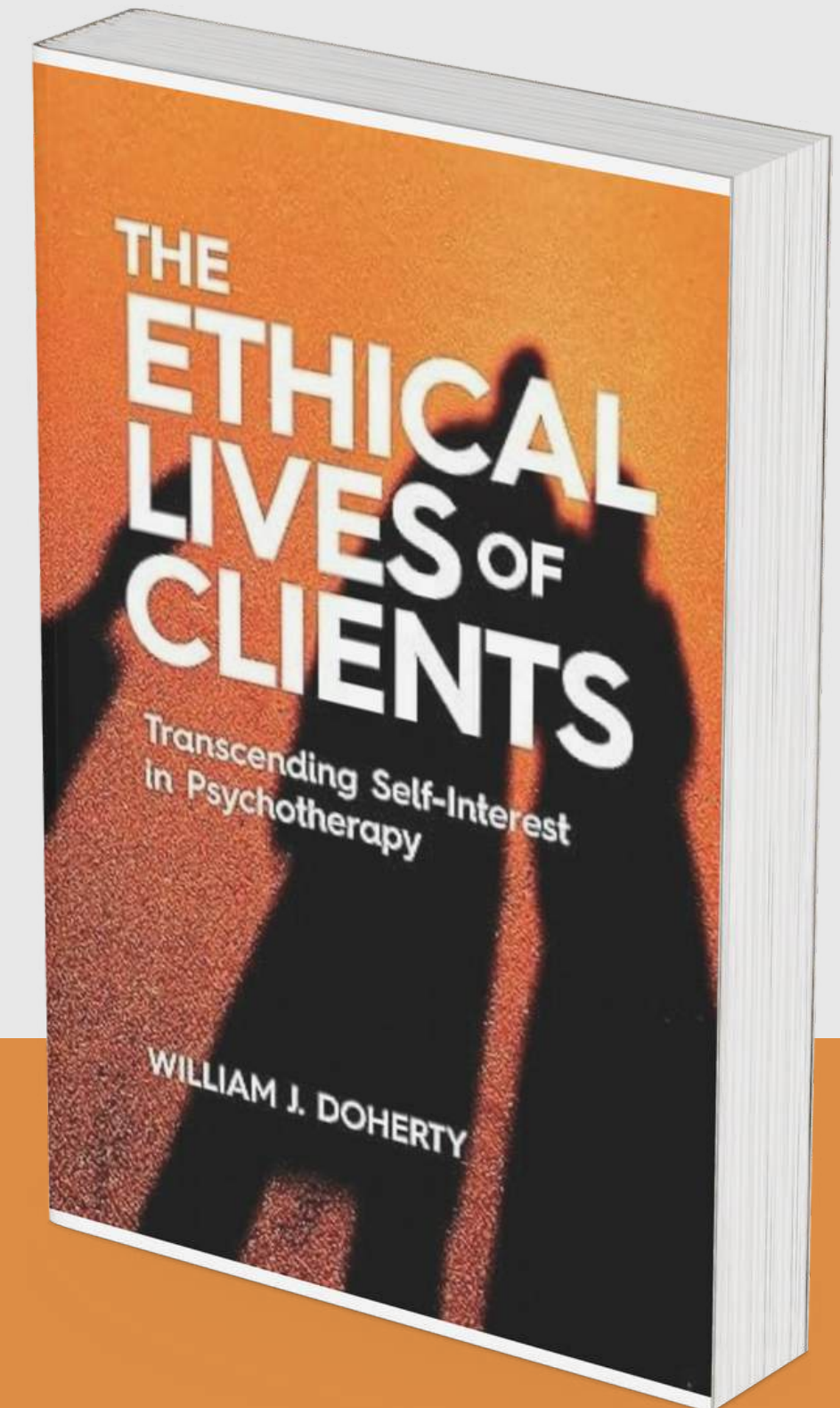


<https://shorturl.at/XntYj>



Dr. Bill Doherty's groundbreaking book offers therapists a roadmap for navigating ethical dilemmas in their clients' lives. Drawing on years of clinical experience and personal insights, Doherty introduces the LEAP-C model, guiding therapists to serve as ethical consultants who help clients balance personal needs with social responsibilities.

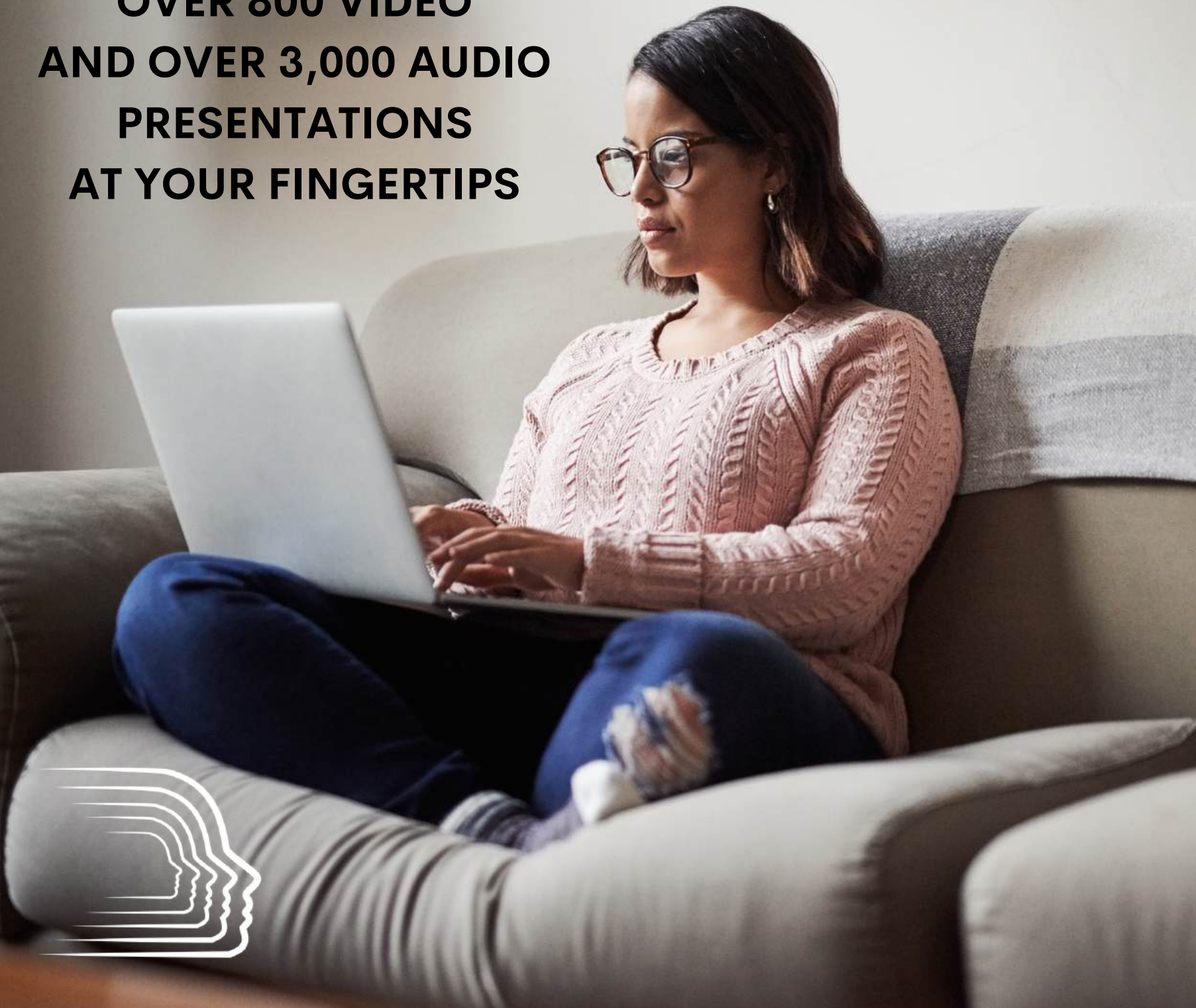
Through detailed case examples, he demonstrates how therapists can address common dilemmas with empathy and skill, promoting ethical awareness and relational connections. This invaluable resource empowers therapists to support clients while navigating complex ethical terrain, from personal commitments to societal concerns like political polarization.



Purchase The Book Here!

<https://shorturl.at/xbyxK>

**OVER 800 VIDEO
AND OVER 3,000 AUDIO
PRESENTATIONS
AT YOUR FINGERTIPS**



ALL ACCESS

Unlimited Access To Our Clinical Media Library

Become an **ALL ACCESS Member** with the Erickson Foundation and get access to our full Clinical Media Library – over 800 video and over 3000 audio presentations from the past 40 years.

Browse diverse subjects – from Couples therapy to Law and Ethics, Ericksonian Hypnosis and Techniques through the Evolution of Psychotherapy, you'll never find another collection like this.

Get immediate access for **\$19.99** per month. Cancel anytime.

GET ALL ACCESS TODAY

**Scan Here To
Upgrade your account**



catalog.erickson-foundation.org/search/membershiptypeslist

MODERN COUPLES



www.rickmiller.biz/podcast





Institute for
Relational Intimacy

Free Workshop for Therapists: Talking About Sex in Therapy

Enhance your practice with our free two-part workshop, How to Get a Strong Start Talking About Sex in Therapy. Gain confidence in addressing sexual concerns with clients using practical tools and expert guidance.

What You'll Get:

- ✓ Two 15-minute videos on starting conversations about sex in therapy
- ✓ A brief assessment tool with scripts for client interactions
- ✓ Bonus materials: Full transcripts, an ebook, and a printable infographic

Why It Matters:

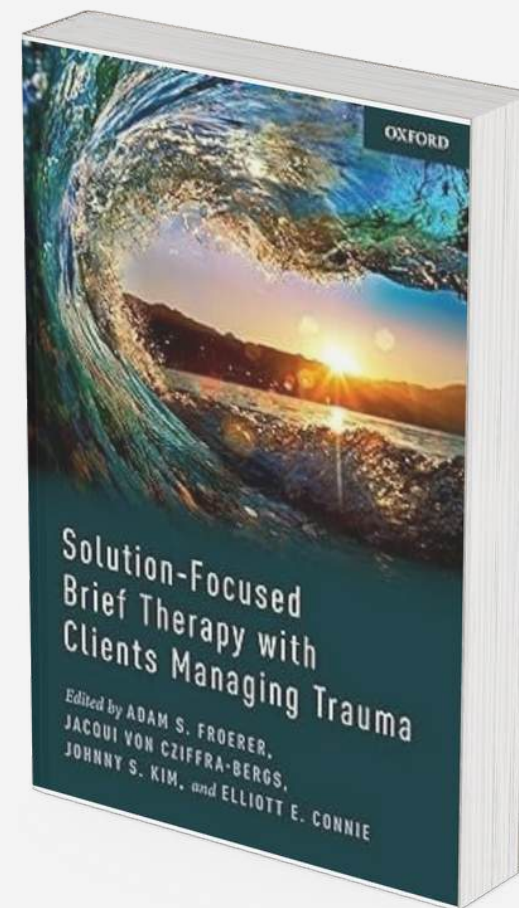
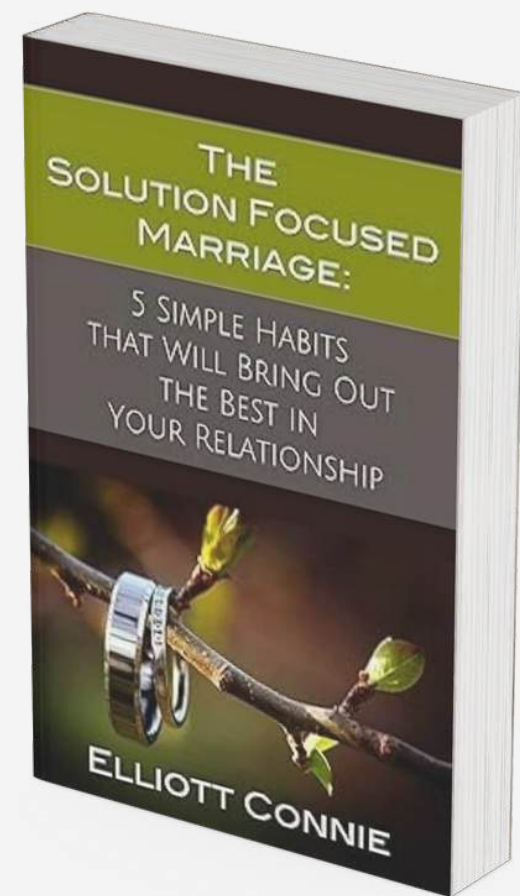
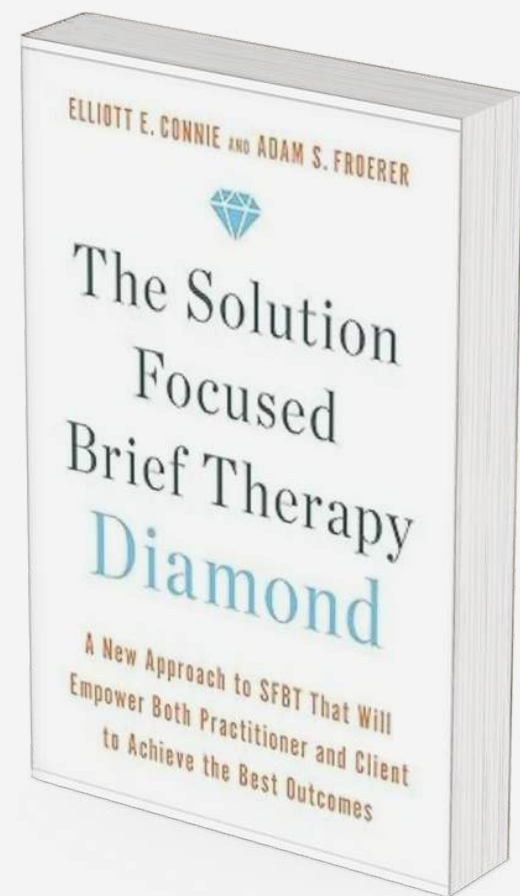
Many therapists feel unprepared to discuss sexual issues, yet these conversations are crucial for comprehensive client care. This workshop, led by AASECT-certified sex therapist Martha Kauppi, provides a simple framework to navigate these discussions with ease.



Scan For Details

www.instituteforrelationalintimacy.com/two-part-workshop

Discover transformative solutions for your relationships with Elliott Connie's groundbreaking books. Drawing from years of expertise as a therapist, Elliott offers practical insights and powerful strategies to overcome relationship challenges and achieve lasting fulfillment. Explore his collection today and embark on a journey towards deeper connection and intimacy.



Elliott Connie

Check Out Books Here!

<https://shorturl.at/5Q17F>

ANXIETY AND DEPRESSION CONFERENCE

September 27th - 28th

Join us for the highly anticipated second year of the Anxiety and Depression Conference—a transformative event dedicated to unraveling the complexities of anxiety and depression. This premier gathering brings together leading experts and mental health professionals passionate about advancing mental well-being. Engage in insightful discussions, explore groundbreaking research, and discover innovative strategies to understand, prevent, and manage anxiety and depression. Don't miss this opportunity to gain invaluable knowledge and be part of a movement shaping the future of mental health!



SCAN HERE FOR
MORE INFO



Lilian Borges



David Burns



Lynn Lyons



Dan Short



Reid Wilson



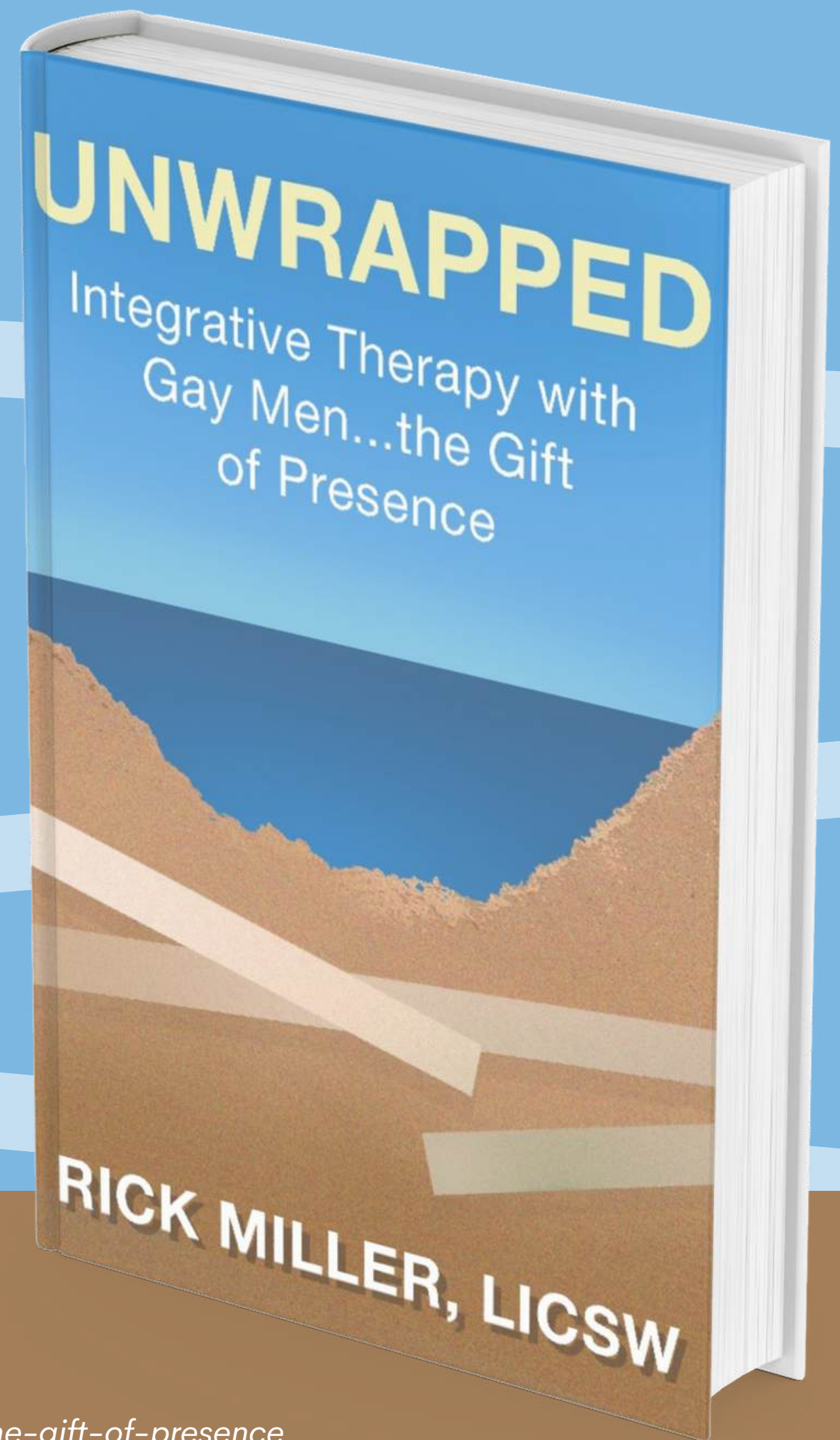
Michael Yapko

A transformative guide for therapists working with gay men. Renowned clinician Rick Miller blends real-life case studies, hypnosis scripts, and deep insights to help clients move from societal pressure to self-acceptance. This essential resource empowers therapists to foster healing, resilience, and authentic connection—where presence becomes the greatest gift of all.



Purchase Today

www.erickson-foundation.org/books/p/unwrapped-integrative-therapy-with-gay-men-the-gift-of-presence



MODERN COUPLES



www.rickmiller.biz/podcast



Discernment Counseling

is for Couples on the Brink of Divorce

Learn how to navigate marriages where one partner is ambivalent about divorce while the other desperately wants to save the relationship.

Bill Doherty, PhD,
Founder of Discernment Counseling

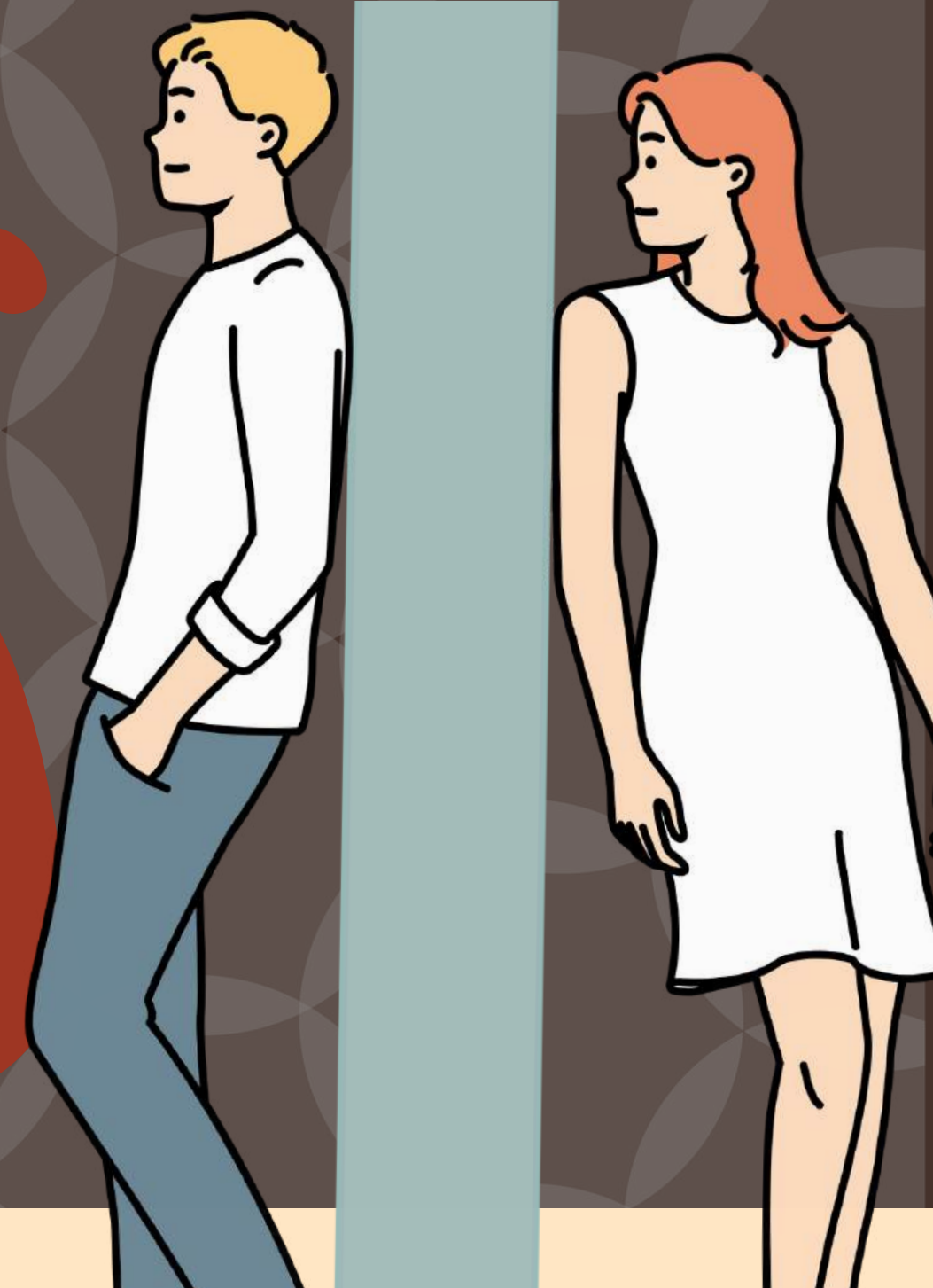


This Free 3-Part Video Training will show you

- ✓ How to best help the mixed agenda couple (one of the hardest couples we face as therapists)
- ✓ The three emotional stances of mixed agenda couples
- ✓ How to bring clarity and confidence to the couple about direction of their relationship, based on a deeper understanding of what's happened to their marriage and each person's contributions to the problems.



Scan the QR
Code to learn
more.



DISCERNMENT Counseling

A Division of The Doherty Relationship Institute

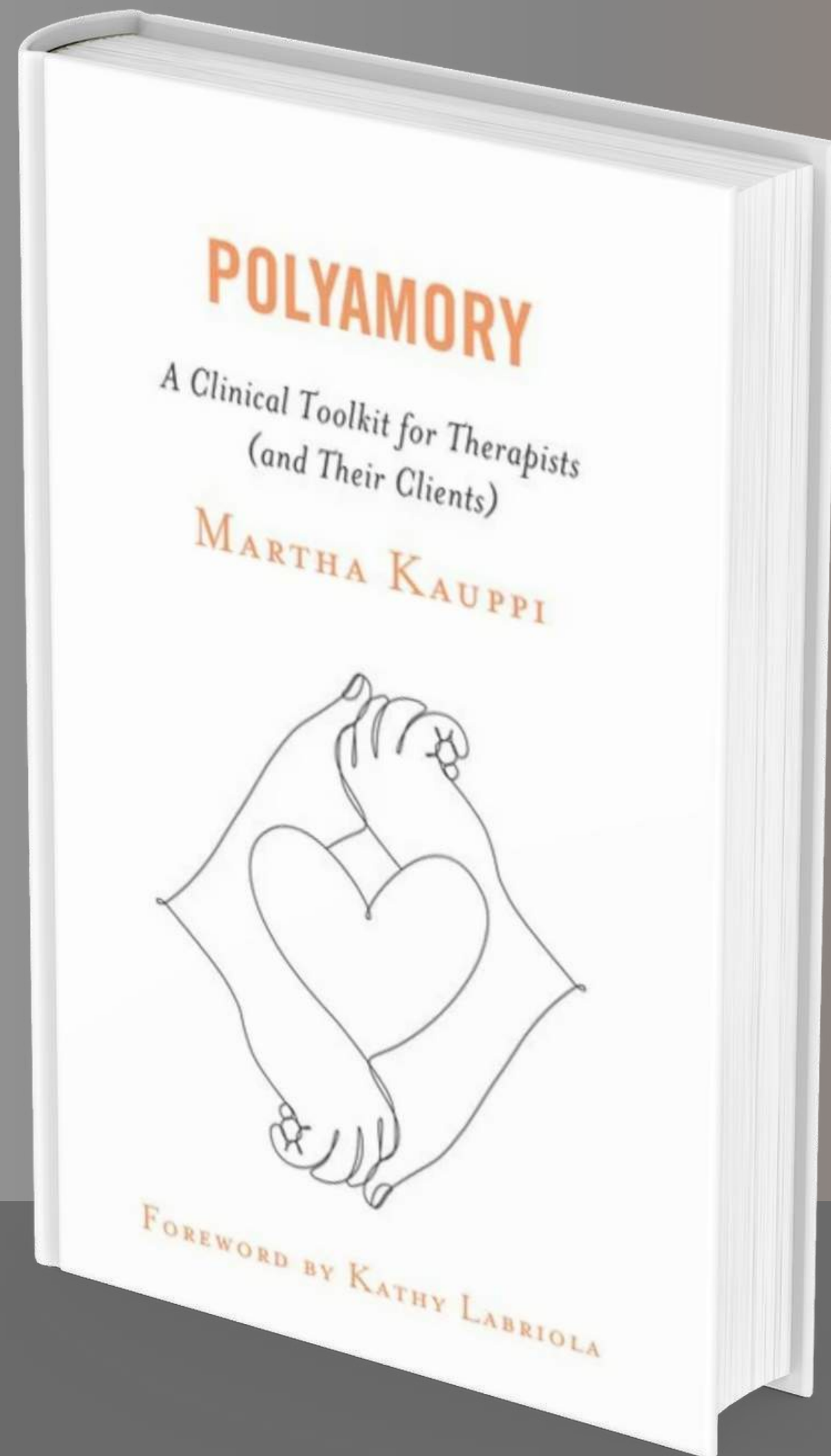
DiscernmentCounseling.com

Your long-term client tells you they want to open up their relationship.

Are you ready to help them?

This groundbreaking guide to consensual nonmonogamy offers a reading experience that feels like consulting with a trusted advisor. Martha Kauppi equips you with the skills to be a true ally to clients who want to explore polyamory. Learn from the expert who trains experts as she debunks myths and shares the exact tools she uses with her own clients.

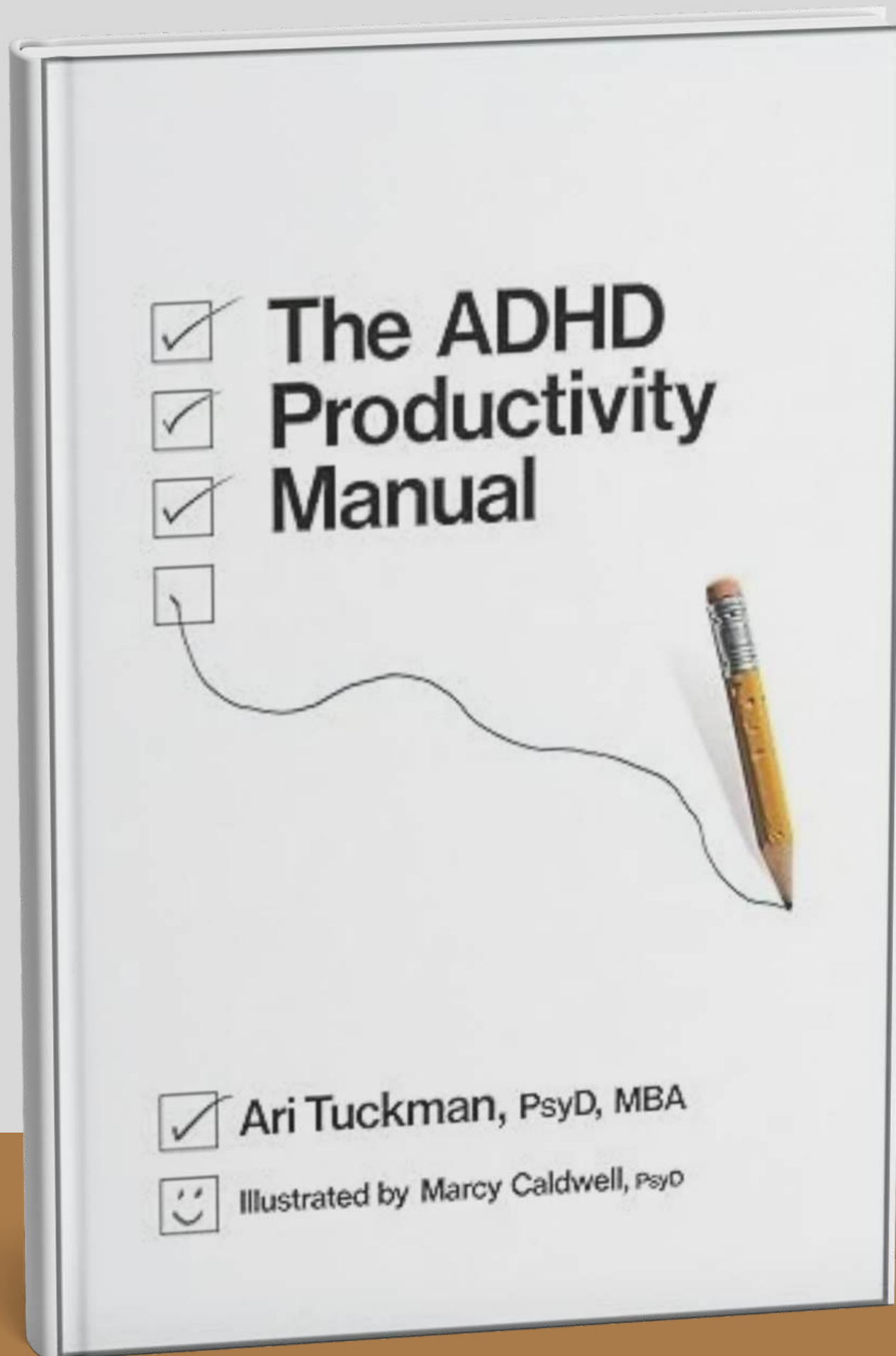
Flip to any chapter for an understanding of what is possible, where things break down and why, and how to help. You'll learn how to conceptualize complicated relational dynamics in a way that leads to effective treatment, and how to identify and disrupt maladaptive relational patterns without perpetuating negative cultural bias. A must-read for anyone looking for a framework to simplify the complexities of polyamory.



**Scan Here To Order
Now on Amazon**



www.amazon.com/Polyamory-Clinical-Toolkit-Therapists-Clients/dp/1538129892



40,000 client hours. 36 proven strategies. 1 powerful guide.

Most adults with ADHD want to be more productive—but typical advice falls short. The ADHD Productivity Manual is different: built on 25 years of clinical experience, it offers practical, real-world tools that actually work.

Across 36 short chapters and seven key areas, you'll learn how to turn insight into action—fast. Each chapter ends with simple prompts to help you apply what you've learned right away.

With a playful, compassionate tone and illustrations by Marcy Caldwell, PsyD, this guide is for adults with ADHD—and those who support them. Whether you're starting fresh or refining your systems, this is your go-to playbook for a productive life that works for your brain.



Scan to Get the Book

https://www.amazon.com/dp/B0F4M3PM4W?ref_=pe_93986420_775043100



Consensual Non-Monogamy Level 1: Clinical Skills & Interventions

Expand your expertise with this 15 CE pre-recorded course designed to help therapists confidently support polyamorous and non-monogamous clients. Led by AASECT-certified sex therapist Martha Kauppi, this course provides:

- ✓ 11 in-depth lessons on CNM dynamics, agreements, and managing jealousy
- ✓ Practical interventions for individual, couple, and group therapy
 - ✓ Step-by-step tools to help partners navigate open relationships
- ✓ Bonus materials: Handouts, worksheets, and a relationship repair guide

Gain the skills to work effectively with diverse relationship structures.



Institute for
Relational Intimacy

MODERN COUPLES



www.rickmiller.biz/podcast



Therapists can drive real change by engaging communities to address health and social challenges. This book reveals how to harness the lived experiences of individuals and families to create lasting impact beyond traditional therapy.

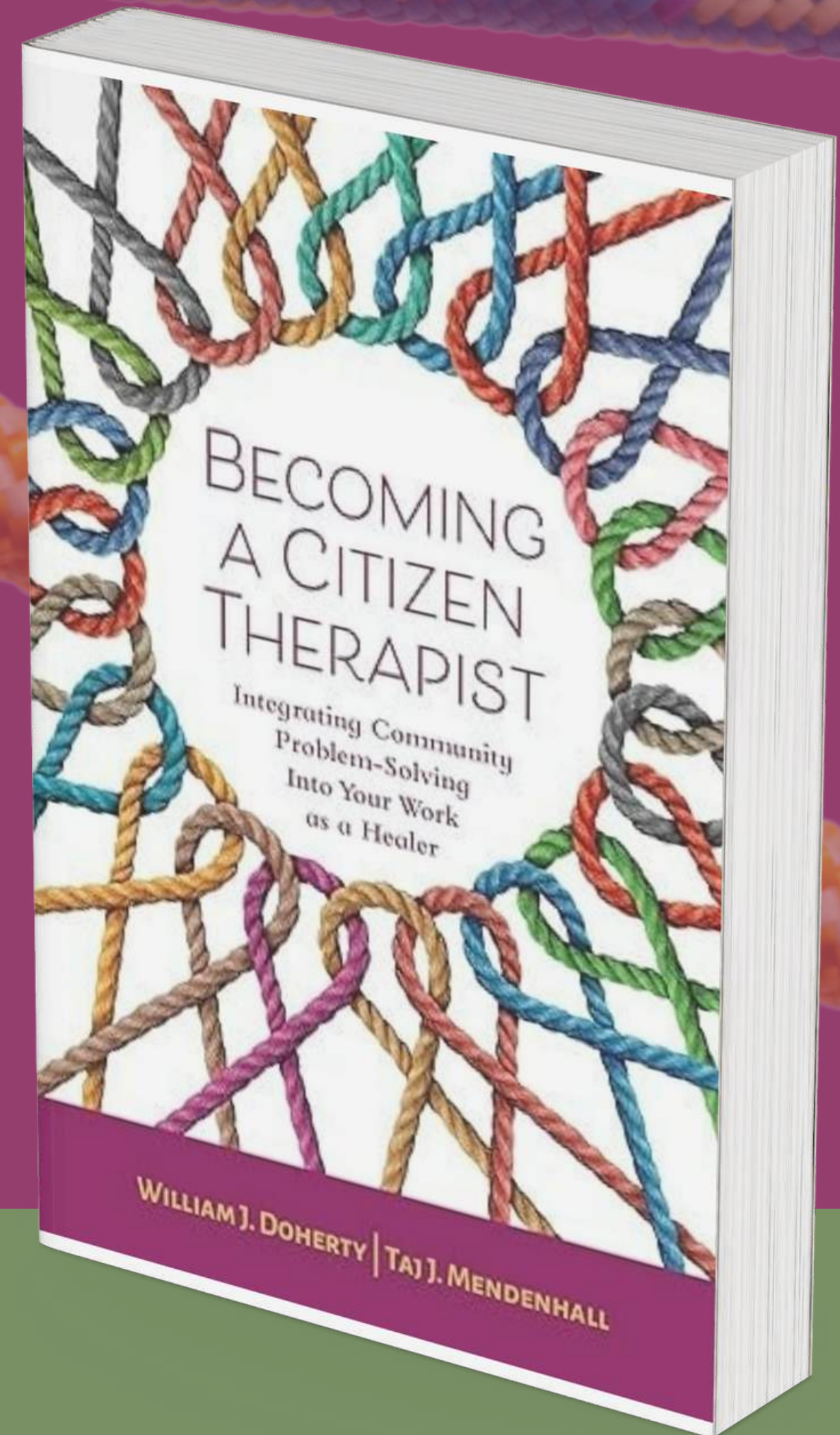
Drawing on two decades of experience, the authors share proven strategies for launching community-wide initiatives, including:

- ✓ **Diabetes education**
- ✓ **Anti-smoking campaigns**
- ✓ **Political depolarization**
- ✓ **Police-community relations**

A must-read for mental health professionals ready to make a broader impact.

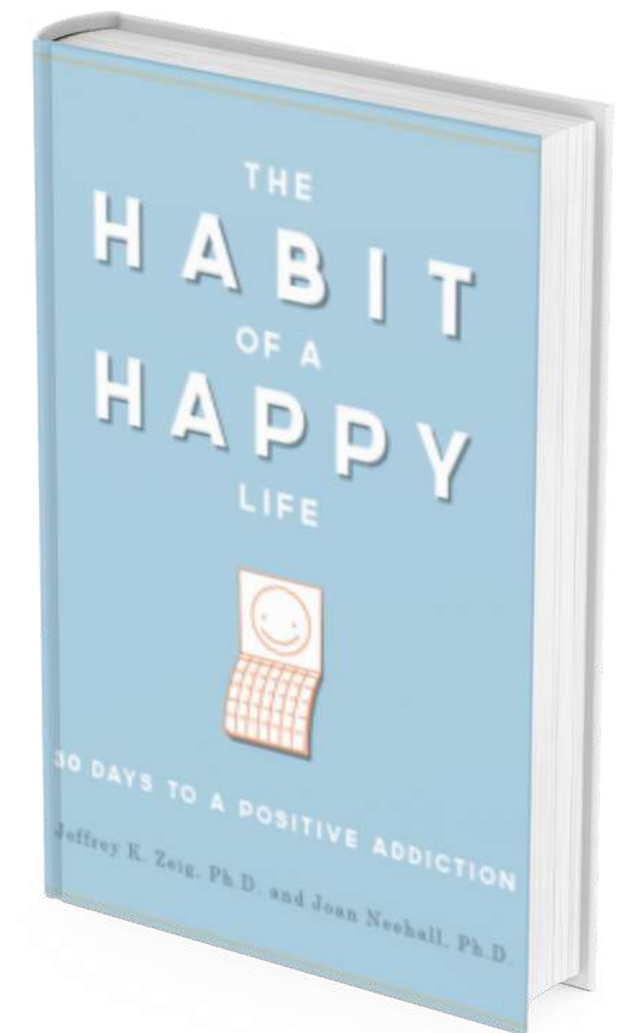
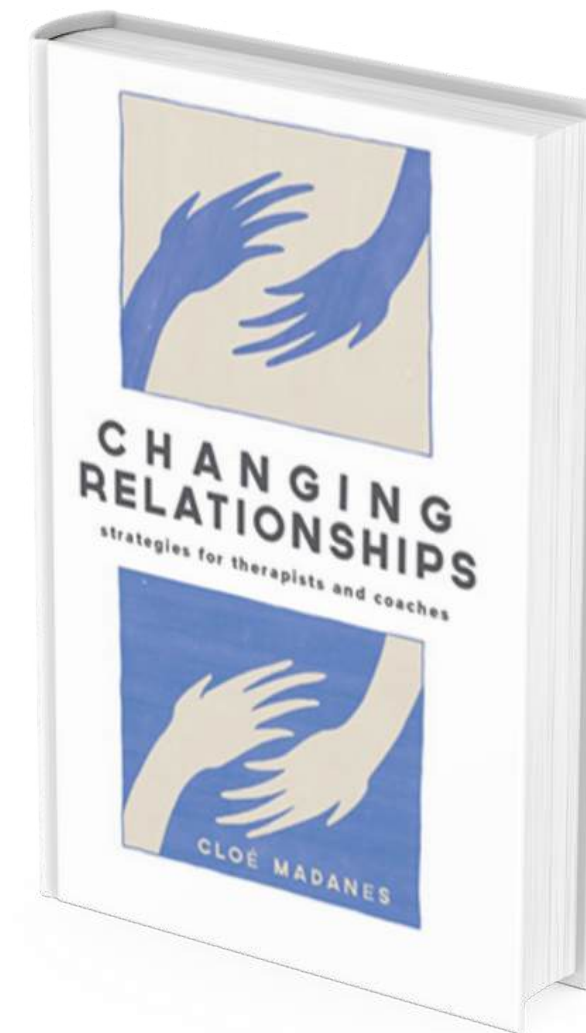
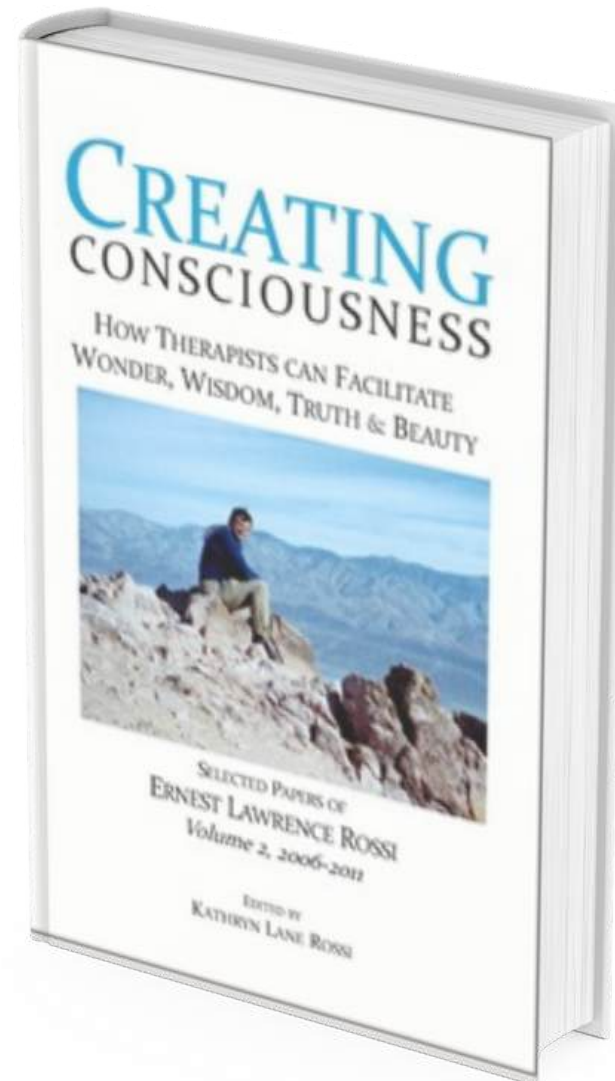
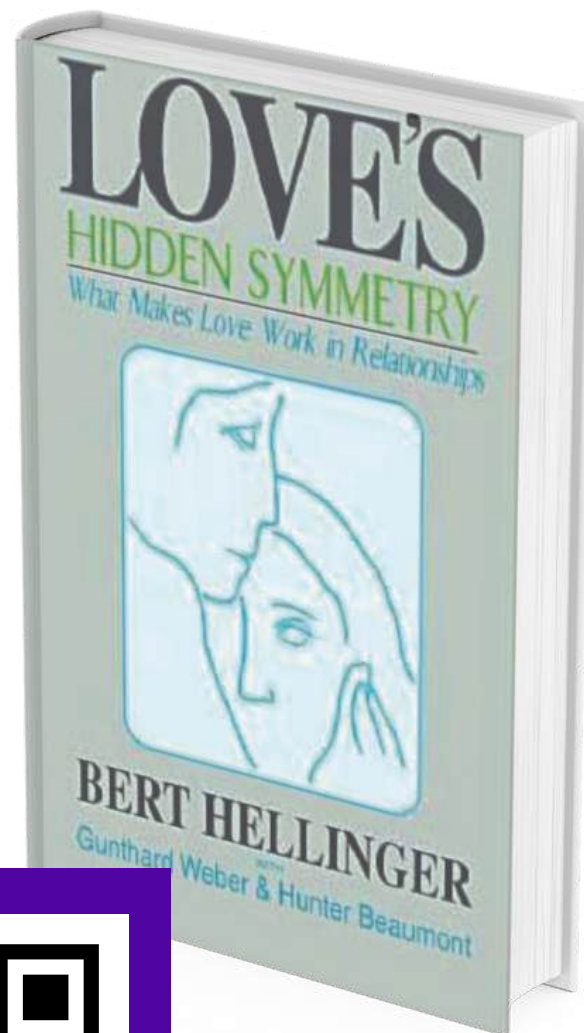


Get Your Copy Here!



Visit Our Book Store

Browse our vast collection of new and classic titles from the Erickson Foundation Press. Featuring authors such as Jeffrey Zeig, Cloé Madanes, Ernest Rossi and more.



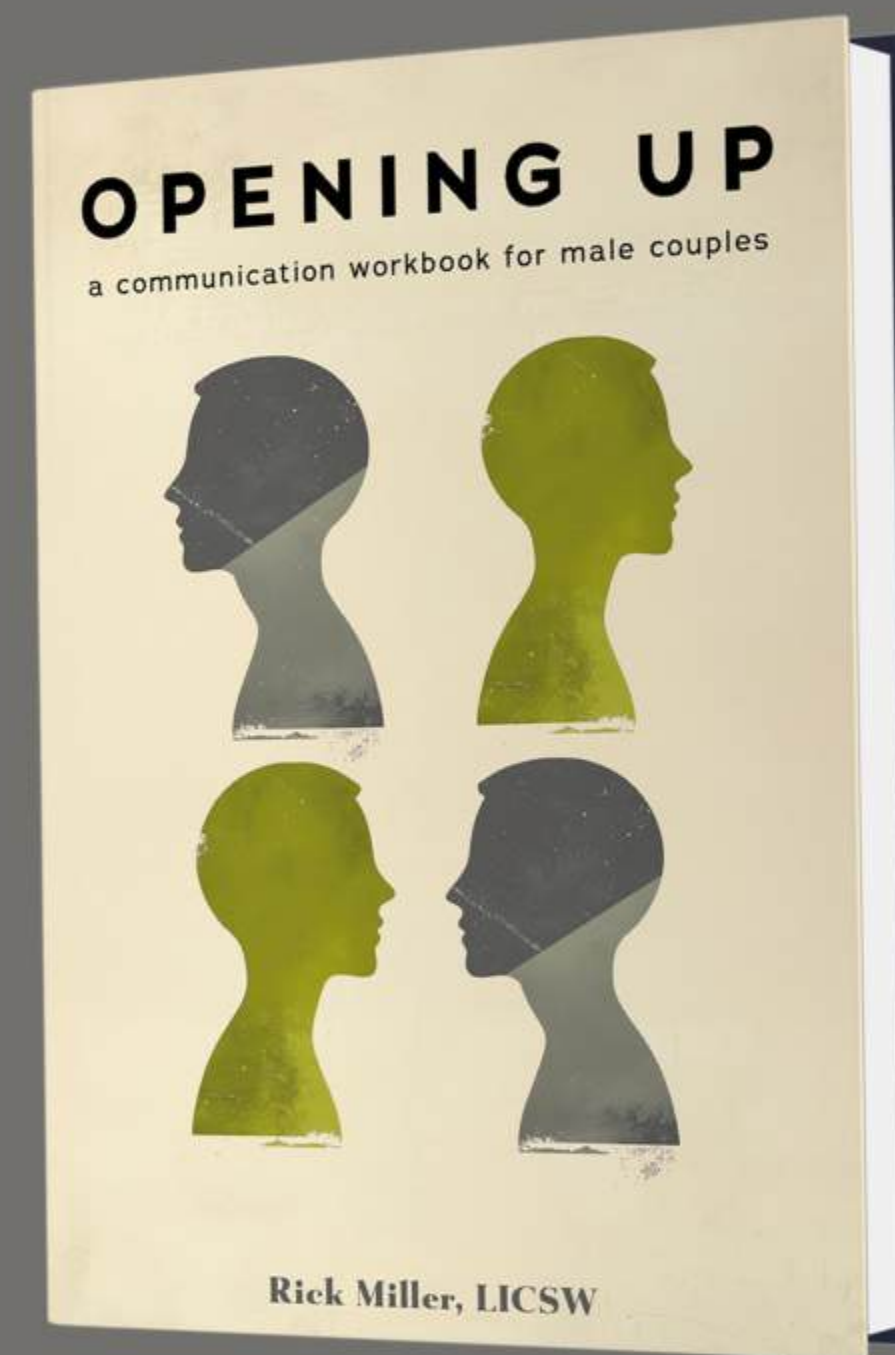
MILTON H. ERICKSON FOUNDATION



THE FIRST-EVER
WORKBOOK FOR
MALE COUPLES

OPENING UP

AVAILABLE NOW



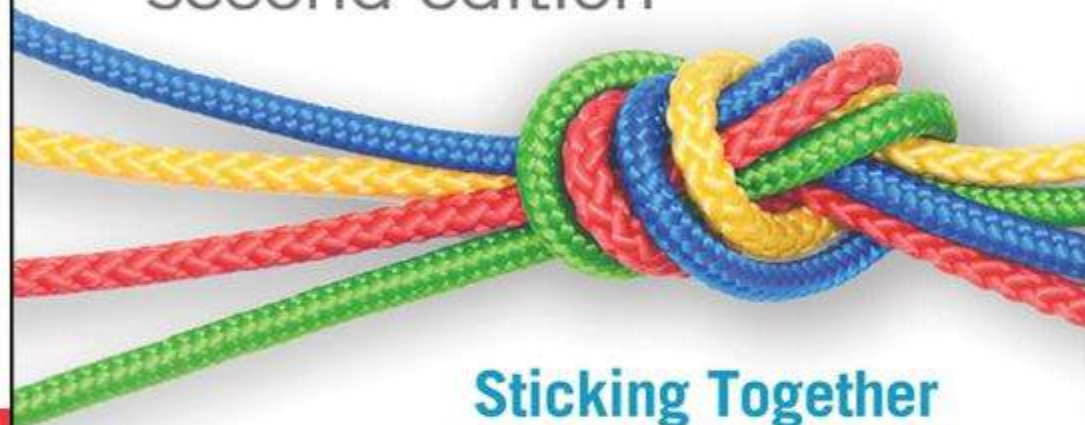
www.rickmiller.biz/opening-up



"This book offers wise and timely advice on marriage
from one of America's favorite therapists."
—Mary Pipher, PhD, author of *Reviving Ophelia* and *Another Country*

TAKE BACK your MARRIAGE

second edition



Sticking Together
in a World That
Pulls Us Apart

William J. Doherty, PhD

“Dr. Doherty presents a unique and impassioned analysis of how our consumer culture erodes our dream of having the lasting union that we want so much. His practical suggestions for rituals that restore love and commitment are immediately applicable and alone are worth the price of admission.”

—Harriet Lerner, PhD




Scan the code
to learn more and
receive 15% off with
promotional code AU2E

www.guilford.com/p/doherty



FREE On-Demand Workshop

Object Relations in Couple Therapy 
with PACT developer, Dr. Stan Tatkin

Object Relations Theory is a way of thinking about development and how people operate and interact with others from childhood through adulthood in increasingly complex ways.

Learn how Object Relations can be used with couples and how PACT can be integrated with other therapy models to reach better outcomes.

thepactinstitute.com/objectrelations



PACT